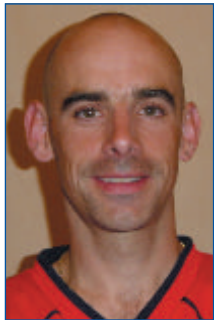


The British Association of Sport and Exercise Sciences  
**ANNUAL REPORT 2006–2007**



[www.bases.org.uk](http://www.bases.org.uk)

## The Strategic Management Team Report



Prof Richard Davison



Dr Raymond White



Prof Edward Winter



Dr Claire Hitchings



Dr Tracey Devonport

“Some of this year’s significant achievements are outlined under each of the five Association’s objectives.”

The Strategic Management Team has pleasure in presenting its report and the financial statements of the British Association of Sport and Exercise Sciences (BASES) for the year ended 31 March 2007. The Strategic Management Team is pleased to report a surplus of income over expenditure of £38,122 for the year.

The BASES Corporate Plan 2002-2007 is about to end and some of this year’s significant achievements are outlined below under each of the five Association’s objectives. The first three objectives are grouped together because there is a significant overlap.

- 1. The promotion of research in sport and exercise sciences**
- 2. The encouragement of evidence-based practice in sport and exercise sciences**
- 3. The distribution of knowledge in sport and exercise sciences**

The Association has used its expertise to deliver some high-value events. The 2006 BASES Annual Conference, hosted by the University of Wolverhampton, had over 300 abstracts submitted and more than 500 delegates. The theme for the Conference, ‘From Education to Application’, sought to emphasise the two-way relationship between applied sport and exercise science and the education and professional development of sport and exercise scientists.

Several changes were made to the 2006 Conference, which all proved to be successful. The first change was the introduction of five types of presentation (scientific communications, applied practice, symposium, debates and workshops). The second change was that the abstract review process was streamlined so that the decisions were made within a few weeks. Further refinement to the abstract review process has been made for the 2007 Conference by introducing a single stage process – either accept or reject.

The third change was that student members of BASES were allowed to submit the same material to both the Student and Annual Conferences in the same year.

In this way students could use the Student Conference as a 'stepping stone' to the Annual Conference and it was good to see that some students took advantage of this opportunity. The final change was that a more day delegate programme was introduced, with each day focusing on a Division. This had the advantage of encouraging people to attend for one day. It does, however, have the disadvantage of perhaps creating what feels like three 1-day conferences and may discourage people from attending the whole Conference.

The 2007 BASES Annual Student Conference, hosted by the University of Chichester, attracted 250 delegates, including the students and staff of 47 institutions. With 126 undergraduates and 75 postgraduates plus 48 members of staff from the entire spectrum of sport and exercise science, it provided some excellent discussions and opportunities to network. This event is extremely popular and provides students with a good opportunity to develop their careers in sport and exercise sciences. The organisation at this year's Conference was excellent and the overall programme was stimulating and an excellent showcase for BASES.

BASES continues to promote research and evidence-based practice through its two publications - the *Journal of Sports Sciences* and *The Sport and Exercise Scientist*. The *Journal of Sports Sciences* has just received the latest impact factor of 1.80, which is another improvement on its impact factor of 1.70 in 2005. The relative standing of the *Journal of Sports Sciences* is now 13th out of over 73 sports-related journals, another all-time high point in its 25 year history. *The Sport and Exercise Scientist* was recently voted on the BASES member feedback survey as the number 1 product that members used and valued. *The Sport and Exercise Scientist* has recently launched a student-specific section, 'Strictly for Students' and the publication will further promote research by showcasing articles from authors that receive BASES international travel grant awards.

One pleasing development has been progress towards the production of position statements. The BASES Molecular Exercise Physiology Interest Group decided to develop a position stand on 'Genetic Testing in Sport

and Exercise Science'. A working group comprising Prof Roger Harris, Dr Andy Miah, Dr Hugh Montgomery, Dr Alun Williams and Dr Henning Wackerhage was formed in 2006 and has now produced a draft version of a position statement.

Dr Gary O'Donovan is coordinating a BASES consensus statement on 'Physical Activity and Prevention of Chronic Disease'. To start this initiative a consensus meeting was held in April 2007, which was attended by around 230 people with a wide range of professional and academic interests. A summary of the consensus statement is to be considered for publication by the *Journal of Sports Sciences*. Human Kinetics has also commissioned a book that Dr Gary O'Donovan and colleagues who spoke on the day will write. Both of these initiatives provide excellent examples for other Interest Groups to produce future position statements.

The Association continues to recognise excellence in research through awards, including annual awards and awards at both the Annual and Student Conferences. A more recent development has been the launch in June 2007 of an international travel grant award scheme. Professional Members are invited to apply for grants up to £500 to attend and present an oral communication at an international sport and exercise science-related scientific conference. This initiative uses surplus income generated from the BASES Annual Conferences and provides excellent opportunities for BASES to support its members in the communication of high quality research to an international audience.

In the past month BASES has agreed plans for a 'member networking online' project. As the largest network of sport and exercise scientists in the UK, BASES has set itself a mission to be the essential and vibrant member community for sport and exercise scientists. The social networking will involve blogs, discussion forums and a full social-network based on user profiles – all of which have the potential to promote research, collaboration and examples of evidence-based practice.

The workshop committee have provided a record number of workshops across a broad range of subject areas. Twenty one high-quality workshops were delivered and attended by a total of over 400 delegates. Reviews of each workshop are now included in *The Sport and Exercise Scientist*.

Distribution of knowledge is one of the aims of the 11 Interest Groups. It is hoped that more Interest Groups develop and become the backbone of the Association, maximising the 'member networking online' project to help facilitate focused discussion, activity and debate.

#### **4. The development and maintenance of high professional standards for those involved in sport and exercise sciences**

There have been four initiatives in the area of accreditation. First, BASES High Performance Sport Accreditation (HPSA) was launched at the end of 2006. Its aim is to provide quality assurance of sport science support provision for the benefit of elite sport and to guide professional practice and development for sport scientists. HPSA provides the 'next step' beyond the existing BASES Sport and Exercise Scientist Accreditation for those practitioners with extensive experience of providing cutting edge sport science support to elite athletes. BASES now has 22 HPSA practitioners. UK Sport has continued its funding of this scheme through the allocation of a grant to develop a re-licensing scheme, ensure quality assurance procedures and further develop assessor training.

Second, BASES has played a key role, along with the British Dietetic Association and the Nutrition Society, in the launch of the Sport and Exercise Nutrition Register. The register is now live with an aim to bring more clarity to current sport nutrition practices.

Third, by early 2008 BASES aims to be at the end of the process of reviewing, amending and standardising documentation used for the Supervised Experience and Accreditation processes. Dr Raymond White has taken over as project leader and a working party is in place with specific tasks.

Fourth, by the end of 2007 a re-accreditation working party will launch a new re-accreditation scheme. The new scheme will mirror developments in other professional bodies and requirements for Health Professionals Council regulation. It will focus on the need to accumulate an appropriate amount of Continuing Professional Development within a two-year period to maintain accredited status.

The Association also plays a key role in assuring the appropriateness of the

curriculum, resources and opportunities that undergraduate courses offer for training sport and exercise scientists through the BASES Undergraduate Endorsement Scheme - BUES. Fourteen institutions now have endorsed courses.

In 2007 BASES made preliminary approaches to the Government with the aim of becoming a regulated profession under the Health Professionals Council. It is anticipated that in 2008 BASES will start the application process for formal regulation under the Health Professionals Council. If accepted, then this will lead to a formal recognition and regulation of the profession of Sport and Exercise Scientists and would lead to a protected title.

#### **5. The representation of the interests of sport and exercise sciences nationally and internationally**

Towards the end of 2006 BASES developed a strategy for membership recruitment and retention. It was decided that Phase 1 of the strategy should initially target students and academic staff because first, this allows BASES to use existing resources and capabilities and second, this market has not reached saturation point.

Following a review of the BASES membership package, fees were reduced in April 2007 and on-line journal access (i.e., *Journal of Sports Sciences* and *Human Kinetics Journals on Demand*) was removed as part of the membership package because only a small percentage of members were using this benefit. Instead, discounted rates for BASES members were negotiated with both Taylor & Francis and Human Kinetics, so that any members who want on-line access to journals can do so by liaising directly with the respective publishers.

More recently members were invited to complete a feedback survey - 158 members responded. *The Sport and Exercise Scientist*, weekly e-newsletter, Member Area of [www.bases.org.uk](http://www.bases.org.uk), conferences and workshops were the most used and valued products and services. Knowing the areas in which BASES is particularly strong helps to determine who BASES should target, the marketing approach to use and the most appropriate messages for promotional material.

Resources have also been allocated to get some 'basics' in place - on-line membership application and credit/debit card payments and the design of new eye-catching recruitment posters and application forms. Plans are also in place to redesign the homepage of the BASES website.

Reducing membership attrition has also been an aim. Data showed that over half of lapsed members were students and it was thought that the rise in fees associated with eligibility for Professional Membership may be a barrier. Hence, a reduced 'Graduate Membership' was introduced. The second new membership category, Retired Membership, is to enable long-standing retired members to continue to enjoy the benefits of membership.

To increase recommendations to join BASES from existing members, two member-get-member reward schemes have been introduced. Each quarter the names of all those members who recommended BASES to a new member are entered into a draw. The winner gets a £50 BASES voucher to spend on BASES products. In addition, all individuals recruiting 10 or more members per year will receive a £50 BASES voucher.

Seven hundred and sixty seven new members were recruited in 2006-07 (464 student members, 216 professional members, 62 overseas members and 8 affiliate members). Membership at 31 March 2007 was 1,896.

BASES also held its fourth successful Heads of Department Forum at the University of Wales Institute, Cardiff in June 2007. The focus was on the Research Assessment Exercise and updates from UK Sport. There was good attendance and unanimous feedback that this event provides unique opportunities to meet colleagues, exchange views and perspectives and address key issues in Higher Education in sport and exercise sciences. Whilst it is called the 'Heads of Department Forum', attendance is inclusive and institutions can send representatives that they deem as most appropriate.

To develop a marketing and communications strategy, BASES has teamed up with Masters in Business Administration students from Leeds Metropolitan University Business School. The students have been tasked with the following: critically review and analyse the current internal and external marketing communications between BASES and its stakeholders;

evaluate what similar organisations have done to improve the internal and external marketing communications between themselves and their stakeholders so that BASES can capitalise some knowledge to enhance its marketing communications; and suggest appropriate strategies to enhance the internal and external marketing communications between BASES and its stakeholders. The results will be presented to the Strategic Management Team in September 2007.

The BASES Corporate Plan ends in 2007 and as such, the Strategic Management Team and representatives from the Divisions have met to start developing a Strategic Plan for 2008 onwards. Understanding the external environment in which BASES operates, and identifying the extent to which different factors provide either an opportunity or a threat is key to the plan. Strategic analysis has also investigated how BASES can use its resources and capabilities to differentiate itself from other organisations. A draft Strategic Plan will be available for consultation towards the end of 2007.

With a proposed restructuring to be voted on at the 2007 Annual General Meeting, the Strategic Management Team hopes that the changes (if voted through by members) will bring improved communication, professionalism and corporate governance to the Association.

***Prof Richard Davidson, Chair***  
***Prof Edward Winter, Honorary Secretary***  
***Dr Raymond White, Treasurer***  
***Dr Claire Hitchings, Executive Officer***  
***Dr Tracey Devonport, Co-opted Member***

# Statement of the Strategic Management Team Responsible in Respect of the Accounts

## Company Information for the year ended 31 March 2007

**DIRECTORS:** Professor R Davison  
Dr C L Hitchings  
Professor E M Winter  
Dr R White

**SECRETARY:** J Bairstow

**REGISTERED OFFICE:**  
Leeds Metropolitan University  
Carnegie Faculty of Sports and Education  
Headingley Campus, Becketts Park  
Leeds LS2 3QS

**REGISTERED NUMBER:** 5385834

**ACCOUNTANTS:**  
Kirk Newsholme  
Chartered Accountants  
Richmond House, 16 Blenheim Terrace  
Leeds, West Yorkshire LS2 9HN

## Report of the Directors for the year ended 31 March 2007

The directors present their report with the financial statements of the company for the year ended 31 March 2007.

## PRINCIPAL ACTIVITY

The principal activity of the company in the year under review was that of promoting evidence-based practice and research in sport and exercise sciences through conferences, workshops and publications.

## DIRECTORS

The directors shown below have held office during the whole of the period from 1 April 2006 to the date of this report.

Professor R Davison  
Dr C L Hitchings  
Professor E M Winter

Other changes in directors holding office are as follows:

Professor C Mahoney - resigned 10 September 2006  
Dr R White - appointed 10 September 2006

## COMPANY OBJECTIVES

The objects of the Company are the promotion of research in sport and exercise sciences, the encouragement of evidence-based practice in sport and exercise sciences, the distribution of knowledge in sport and exercise sciences, the development and maintenance of high professional standards for those involved in sport and exercise sciences and the representation of the interests of sport and exercise sciences both nationally and internationally and as such is a 'not for profit' organisation.

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

## On behalf of the Board:



Prof Richard Davidson  
Chair  
17 August 2007

## Profit and Loss Account

for the year ended 31 March 2007

		Year Ended 31.3.07	Period 8.3.05 to 31.3.06
	<b>Notes</b>	<b>£</b>	<b>£</b>
<b>TURNOVER</b>	<b>2</b>	301,051	228,083
Cost of sales		<u>135,870</u>	<u>82,670</u>
<b>GROSS PROFIT</b>		165,181	145,413
Administrative expenses		<u>127,987</u>	<u>111,776</u>
		37,194	33,637
Other operating income		<u>500</u>	<u>47,206</u>
<b>OPERATING PROFIT</b>	<b>3</b>	37,694	80,843
Interest receivable and similar income		<u>428</u>	<u>477</u>
		38,122	81,320
Interest payable and similar charges		<u>-</u>	<u>1</u>
<b>PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION</b>		38,122	81,319
Tax on profit on ordinary activities	<b>4</b>	<u>81</u>	<u>-</u>
<b>PROFIT FOR THE FINANCIAL YEAR AFTER TAXATION</b>		<u>38,041</u>	<u>81,319</u>

## Balance Sheet 31 March 2007

		31.3.07		31.3.06	
	Notes	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible assets	5		7,164		8,999
<b>CURRENT ASSETS</b>					
Stocks		1,420		-	
Debtors	6	48,731		35,138	
Cash at bank and in hand		<u>187,041</u>		<u>170,861</u>	
		237,192		205,999	
<b>CREDITORS</b>					
Amounts falling due within one year	7	<u>124,996</u>		<u>133,679</u>	
<b>NET CURRENT ASSETS</b>					
			<u>112,196</u>		<u>72,320</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
			<u>119,360</u>		<u>81,319</u>
<b>RESERVES</b>					
Profit and loss account	8		<u>119,360</u>		<u>81,319</u>
			<u>119,360</u>		<u>81,319</u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 March 2007.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2007 in accordance with Section 249B(2) of the Companies Act 1985.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2005).

The financial statements were approved by the Board of Directors on 17 August 2007 and were signed on its behalf by:



**Professor R Davison - Director**



# Notes to the Financial Statements

for the year ended 31 March 2007

## 1. Accounting Policies

### Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2005).

### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 10% on cost
Computer equipment	- 25% on cost

### Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

### Pensions

The company operates a defined contribution pension scheme. Contributions payable for the year are charged in the profit and loss account.

## 2. Turnover

The company's income is mainly derived from membership fees. The company also receives grant funding from UK Sport. This income is recognised in the profit and loss account so as to match the costs as

and when they are incurred. The balance of the grant income not spent has been included in accruals and deferred income.

## 3. Operating Profits

### The operating profit is stated after charging:

Depreciation - owned assets
Loss on disposal of fixed assets
Pension costs
Directors' emoluments and other benefits etc

Year Ended 31.3.07	Period 8.3.05 to 31.3.06
£	£
2,192	1,276
-	580
1,269	924
<u>37,114</u>	<u>35,883</u>

## 4. Taxation

As the company's activities are undertaken not with a view to realising a profit but to advance the promotion of research into sports sciences and the other objectives set out in the Directors' Report, HMRC have agreed that only the company's other income is subject to corporation tax.

## Notes to the Financial Statements (cont.)

### 5. Tangible Fixed Assets

	Fixture and fittings	Computer equipment	Totals
Cost	£	£	£
At 1 April 2006	2,651	7,625	10,276
Additions	<u>314</u>	<u>42</u>	<u>356</u>
At 31 March 2007	<u>2,965</u>	<u>7,667</u>	<u>10,632</u>
<b>Depreciation</b>			
At 1 April 2006	265	1,011	1,276
Charge for year	<u>280</u>	<u>1,912</u>	<u>2,192</u>
At 31 March 2007	<u>545</u>	<u>2,923</u>	<u>3,468</u>
<b>Net Book Value</b>			
At 31 March 2007	<u>2,420</u>	<u>4,744</u>	<u>7,164</u>
At 31 March 2006	<u>2,386</u>	<u>6,614</u>	<u>9,000</u>

### 6. Debtors: Amounts falling due within one year

	31.3.07	31.3.06
	£	£
Trade debtors	29,275	13,601
Prepayments and accrued income	<u>19,456</u>	<u>21,537</u>
	<u>48,731</u>	<u>35,138</u>

### 7. Creditors: Amounts falling due within one year

	31.3.07	31.3.06
	£	£
Trade creditors	6,463	1,772
Tax	81	-
Social security and other taxes	3,802	2,411
Other creditors	1,057	-
Accruals and deferred income	<u>113,593</u>	<u>129,496</u>
	<u>124,996</u>	<u>133,679</u>

Included within accruals and deferred income is £93,150 of deferred income, of which £35,204 relates to deferred membership fees.

### 8. Reserves

	Profit and loss account
	£
At 1 April 2006	81,319
Profit for the year	<u>38,041</u>
At 31 March 2007	<u>119,360</u>

### 9. Capital

The Company is limited by guarantee and has no share capital. The liability of the members in the event of a winding up is limited to £1 per member.

## Profit and Loss Account

for the year ended 31 March 2007

	Year Ended 31.3.07		Period 8.3.05 to 31.3.06	
	£	£	£	£
<b>TURNOVER</b>				
Membership	116,620		113,755	
Advertising	36,560		32,400	
<i>The Sport &amp; Exercise Scientist</i>	20,280		19,851	
Course finder	15,226		13,885	
Workshop income	34,615		12,958	
Conference receipts	15,435		10,832	
<i>Journal of Sports Sciences</i>	14,098		10,239	
Accreditation fees	7,275		8,690	
Supervised Experience	4,086		1,800	
UK Sport HPSA Grant income	14,685		1,130	
Publications & other income	2,033		1,043	
Website Sponsorship	750		1,000	
BASES Undergraduate				
Endorsement Scheme	2,483		500	
UK Sport CPD Grant income	12,942		-	
UK Sport Accreditation Grant	2,064		-	
Website income	1,075		-	
HPSA Income	120		-	
Sales of T-Shirts	445		-	
Human Kinetics Commission	259		-	
		301,051		228,083

	Year Ended 31.3.07		Period 8.3.05 to 31.3.06	
	£	£	£	£
<b>COST OF SALES</b>				
Membership online expenses	25,003		25,346	
<i>The Sport &amp; Exercise Scientist</i>	20,035		20,068	
Workshop expenses	27,507		7,935	
Conference expenses	3,770		3,458	
Accreditation costs	5,475		4,245	
Supervised Experience costs	2,151		900	
UK Sport HPSA grant costs	13,185		1,130	
Bases Undergraduate				
Endorsement Scheme	1,079		132	
Heads of Department Forum	989		1,088	
UK Sport CPD Grant costs	11,742		-	
UK Sport Accreditation Grant costs	2,064		-	
Membership forms	1,341		-	
Annual Report costs	1,175		-	
Child Protection	922		-	
HPSA costs	80		-	
T-shirt costs	235		-	
Meeting expenses & travel cost	19,117		18,368	
		135,870		82,670
<b>GROSS PROFIT</b>		165,181		145,413
<b>Other income</b>				
Sundry receipts	500		-	
Donation from Association	-		47,206	
Deposit account interest	428		477	

# Profit and Loss Account

for the year ended 31 March 2007

	Year Ended 31.3.07		Period 8.3.05 to 31.3.06	
	£	£	£	£
Brought forward		165,181		145,413
		<u>928</u>		<u>47,683</u>
		166,109		193,096

## EXPENDITURE

	£	£	£	£
Rent & utilities	3,645		3,862	
Directors' salaries	37,114		35,883	
Directors' social security	3,171		3,774	
Directors' pensions paid	2,255		2,050	
Wages	34,871		24,332	
Pensions	1,269		924	
Telephone	434		1,222	
Post & stationery	10,739		6,297	
Advertising	2,254		1,215	
Computer support	176		252	
Insurance	296		407	
Sundry expenses	655		1,529	
Subscriptions & donations	(426)		756	
Accountancy	2,500		2,498	
Training & Development	4,677		3,436	
Legal and professional fees	9,354		7,094	
Website	1,482		4,246	
Irrecoverable VAT	8,884		8,709	
		<u>123,350</u>		<u>108,486</u>
		42,759		84,610

## Finance costs

	Year Ended 31.3.07		Period 8.3.05 to 31.3.06	
	£	£	£	£
Bank charges	1,903		777	
Credit card	542		657	
Bank interest	-		1	
		<u>2,445</u>		<u>1,435</u>
		40,314		83,175

## Depreciation

	£	£	£	£
Fixtures and fittings	280		265	
Computer equipment	1,912		1,011	
		<u>2,192</u>		<u>1,276</u>
		38,122		81,899

## Loss on disposal of fixed assets

	£	£	£	£
Fixtures and fittings		-		580
<b>NET PROFIT</b>		<u>38,122</u>		<u>81,319</u>

## Sport and Performance

This second and final year of my tenure as Chair of the Sport and Performance Division has been both challenging and enjoyable. It is at this point that you look back and think about what you and your colleagues have achieved and in doing so you realise a lot has been accomplished (which a tight word count does not do justice to!) but frustratingly you also know that much more needs to be done. I have become increasingly aware that we need more of our senior members to become involved in accomplishing specific projects for the Division if we are to really move the Division forward.

**“I have become increasingly aware that we need more of our senior members to become involved in accomplishing specific projects for the Division.”**

For example, I met recently with Phil Gallagher, the UK Sport National Performance Lifestyle Coordinator to discuss how either a BASES Interest Group or professional accreditation pathway may or may not fit with this developing profession. Looking ahead at how this potential project might develop and given that the Chair of a Division has limited time available, it would seem sensible for a senior member of BASES with an appropriate skill set and specific interest to be identified to move this forward on behalf of the Association, ensuring that it fits with the BASES Strategic Plan. From my experience as Sport and Performance Chair I would certainly advocate this way of working.

A caveat being that we would need to regularly communicate to members about the initiation and progress of any such projects to ensure that the work is acknowledged, open to expressions of interest and allocated in a transparent way with a definite timescale for completion.

### Some of the achievements over the last year

1. Some Interest Groups are beginning to flourish and make an impact. For example, the Cycling and Weight Classified Athletes Interest Groups held successful workshops.
2. Position statements are to be published in *The Sport and Exercise Scientist* and on the BASES website.
3. The High Performance Sport Accreditation scheme was launched with 20 practitioners initially being accredited.
4. Five BASES High Performance CPD workshops were developed this year.
5. A list of BASES experts is being generated to respond to media requests.
6. A link was established with the English Institute of Sport Communications department to generate more media engagement for BASES and provide expert advice regarding a BASES communications strategy.
7. A list of practitioners working in the High Performance System was produced for the Strategic Management Team and the London 2012 Steering Group.
8. We invited Chelsea Warr from the UK Sport Talent Identification Unit to speak at the BASES Heads of Department Forum in June about an opportunity for University sports science students to contribute directly to London 2012 in terms of Talent Identification testing within the University population.

**Prof Kevin Thompson**  
**Chair of the Division of Sport and Performance**

## Physical Activity for Health

The past year has been extremely productive with developments in the area of physical activity for health. The 2006 BASES Annual Conference provided a healthy impetus of activity, which was fuelled by three key debates on: 'Exercise is bad for you', 'Will the 2012 Olympics increase physical activity levels of the nation population?' and 'Today's best buy in public health - moderate or vigorous activity?'

From the Conference debates Dr Gary O'Donovan was inspired to lead the development of a BASES Consensus Statement on Physical Activity and Prevention of Chronic Disease. He gathered a group of the UK's leading experts to present systematic reviews to an audience of 230 delegates at Brunel University in April 2007. Following the questions, discussions and debates from each of these papers, this group has subsequently met to write the consensus statement, which will be submitted to the *Journal of Sports Sciences*. Human Kinetics has also commissioned a book that Dr Gary O'Donovan and colleagues who spoke on the day will write, in concert with reviewers.

BASES has continued its external work in contributing to developing professional practice standards with Skills Active, The Register of Exercise Professionals (REPs) and the British Association for Cardiac Rehabilitation (BACR). The new standards for Exercise Referral Courses were implemented this year where BASES was involved in the course evaluation panel for Skills Active. This work has now extended to the new REPs Level 4 standards, where BASES has contributed significant time and effort to writing the Level 4 standards, especially in the area of cardiac disease.

The other area that professional standards are being developed has been led by Gordon McGregor who is involved with the inter-professional competency framework for the exercise component of cardiac rehabilitation. This is a joint effort between the BACR Phase IV Graduate Network, the Association of Chartered Physiotherapists in



Cardiac Rehabilitation and BASES. These three partners continue to work in close partnership under the title of the BACR-Exercise Professionals Group. A highly successful conference on Exercise in Cardiac Rehabilitation was held at the University of Chester in April 2007, which was attended by over 275 delegates.

A new development allows all conferences, seminars and workshops that have a physical activity theme to carry endorsement with REPs. This will help to attract members and non-members to attend BASES events and educational programmes as part of maintaining current industry accreditation.

The 2007 BASES Annual Student Conference was well supported in the area of physical activity for health. The workshop on work and employment in the area of health and fitness was attended by over 60 delegates. There were a number of sessions on clinical exercise physiology and health promotion from which the delegates could choose.

**Dr John Buckley**  
**Chair of the Division of Physical Activity for Health**

## Education and Professional Development

As I come to the end of my post as Chair of the Division of Education and Professional Development I look back at the last two years, and while there are still many challenges for BASES and the Division, I am pleased that the educational role of BASES has increased in profile and that the Division forms a considerable part of the BASES structure. The Division has continued its activities in discussions with other organisations, as well as supporting the continuing professional development activities of its members through the workshop programme.

In June 2007 the fourth Heads of Department Forum was held at the University of Wales Institute, Cardiff in the School of Sport. A wide range of topics were covered including presentations by Prof Clyde Williams on the upcoming Research Assessment Exercise, Dr Richard Tong on the role of the Higher Education Academy in supporting Learning and Teaching in Sport and Exercise Science and Glenn Hunter from UK Sport on Sport Science in the UK. Chelsea Warr from UK Sport presented on searching for sporting talent for 2012 within the University population. Prof Richard Davison gave an update on BASES accreditation. The topics covered give an indication as to the breadth of activities of both the Division and BASES in supporting the membership and promoting the sport and exercise sciences.



COURTESY OF BASES

The Division had the opportunity to comment on the new benchmarking statements for Hospitality, Leisure, Sport and Tourism prior to their release for consultation. In addition, the Division represented BASES at the Hospitality, Leisure, Sport and Tourism subject network of the Higher Education Networks Advisory Board.

The Division also had the opportunity to comment on the proposed changes to the Accreditation process and the new proposal for a BASES Register of Exercise for Health Practitioners both of which the Division fully supports.

***Dr Rhys Thatcher***  
**Chair of the Division of Education and Professional Development**

“The spectacle of senior BASES members engaging in academic sparring was a highlight for attending delegates.”

## The 2006 BASES Annual Conference

Over 500 delegates attended the three-day BASES Annual Conference at the University of Wolverhampton. Over 300 abstracts were accepted and presented in one of five different areas: scientific communications, applied practice papers, symposium, debates and workshops.

Sixteen symposia emerged from the open call covering topics from emotional intelligence to caffeine, to specific applied sport science support. Delegates enjoyed the several debates held over the course of the Conference. Although content of these has been featured over the course of the year in *The Sport and Exercise Scientist*, the spectacle of senior BASES members engaging in academic sparring was a highlight for attending delegates. Applied practice presentations were also popular with delegates. It is incumbent on practitioners to share best practice and it is hoped that these presentations served this function.

Excellent keynote lectures were delivered from Prof Yuri Hanin, Prof Andy Smith, Prof Mark Andersen, Dr Richard Godfrey, Prof Greg Kolt, Prof Jim Levine, Dr Costas Karageorghis, Stafford Murray and Andrew Cruickshank. Keynote presentations differed in style and content. Prof Andersen's two-slide PowerPoint presentation hid a vast amount of planning as he unfolded stories on human involvement within applied sport psychology. Prof Levine made a request for a treadmill to give his keynote. His 'talk and walk' emphasised the importance of how maintaining a seemingly minor amount of physical activity can have much larger health benefits.



COURTESY OF BASES

The number of delegates attending the Conference presented an organisational challenge; the Walsall Sport Centre was converted to a lecture theatre and there were teething troubles with several aspects of the operation.

The social aspect of the Conference was entertaining - the band fronted by Drs Costas Karageorghis, John Buckley and Chris Beedie performed at the Conference dinner. Several delegates then went on to hit the heights of the Walsall night life.

The post-Conference review was generally positive and the feedback forwarded to the University of Bath has hopefully helped their organisation of the 2007 Conference. Organising the Conference is a massive job. As the Conference closed on the Wednesday, Sport Studies staff had precious little time to prepare for 250 new Level 1 students starting their degrees on the Monday.

**Prof Andy Lane**  
**Chair of the Conference Organising Committee**



## The 2007 BASES Annual Student Conference

On two glorious sunny days in May, the University of Chichester held the 2007 BASES Annual Student Conference. Building on the success of the two previous BASES Annual Student Conferences, almost 250 delegates from 47 institutions enjoyed what was deemed to be a fantastic Conference, with 126 undergraduates and 75 postgraduates plus 48 members of staff from the entire spectrum of sport and exercise science attending. The Conference provided some excellent discussions and opportunities to network and it appears that the Student Conference is becoming a significant event in the sport and exercise science calendar.

The main theme of the Conference was BASS to BASES – Two Decades of Sport and Exercise Science and was chosen due to the close link that Chichester has with BASES and the fact that the first British Association of Sports Sciences Conference was held in Chichester in 1985. It was for this reason that we opened the Conference with Emeritus Professor Tudor Hale of the University of Chichester who gave a historic overview of the development of sport and exercise science. The presentation was received as insightful and challenged many in the audience to consider who they are as scientists and what science really is. Following this, a careers forum session, split into sport and performance, physical activity for health and coaching sessions, was held. There were eight speakers in total who provided a profile of their current job and how they progressed from being a sport and exercise science student to being a sport and exercise scientist. Many of the students who attended the sessions hopefully took something positive away.

“It appears that the Student Conference is becoming a significant event in the sport and exercise science calendar.”

The careers session was followed by a series of oral and poster presentations (46 and 65 respectively) and the undoubted success story of the Conference was the quality of the presentations. All of the delegates could not praise the presenters enough for their hard work and professional presentations.

In addition to the oral and poster presentation sessions from which the winners of the 12 competitive awards were selected, the Conference featured four parallel symposia sessions. With an excellent range of topics to choose from, it was a tough choice for the students of which session to attend. The four parallel sessions covered physical activity and health, sport and performance, coaching and exercise and cardiovascular disease.

The Conference was closed by Dr Louis Passfield, with an excellent overview of his work with British Cycling and how they are leading the hunt for Olympic success not just in Beijing in 2008 but also for London 2012. Louis formerly worked at Bishop Otter Campus on the cycling sports science support programme in the early 1990s during preparations for the Barcelona and Atlanta Olympic Games. The Conference was regarded as an unqualified success - the environment was professional but friendly, with a focus on learning but also having fun and enjoying time with a wide range of other students and staff.

**Dr Mike Lauder**  
**Chair of the Conference Organising Committee**

## BASES Awards 2006-2007

### The 2006 BASES Annual Conference Awards

#### University of Wolverhampton Poster Presentation Award

**Dr Craig Williams**, University of Wales, Bangor

*Recovery of fatigue of short term power output in boys and men.*

**Dr Anna Waters**, University of Exeter

*Development of a measure of confidence during the entire athletic injury rehabilitation process.*

#### Sportesse Sport Science Award

**Dr Mark Burnley**, University of Wales Aberystwyth

*Time course of decay in effects of prior heavy exercise on oxygen uptake kinetics during heavy exercise.*

#### Sportesse Exercise Science Award

**Dr Diane Crone**, University of Gloucestershire

*"It's better than being in a catatonic state and staring into the abyss". The perceived role and purpose of sports therapy for people in mental health services.*

#### Taylor & Francis Recently Qualified Researcher Award

**Mark Hopkins**, University of Leeds

*Individual variability in body weight, metabolic and behavioural responses to supervised exercise in overweight and obese individuals.*

#### Human Kinetics Student Poster Presentation Awards

**Naomi Ellis**, Staffordshire University

*Using a sports group as an adjunct therapy for psychosis.*

**Tracey McCauley**, Loughborough University

*The influence of angiotensin converting enzyme genotype upon muscle strength and contractile properties.*

#### Elsevier Student Oral Presentation Awards

**Alexander Stahn**, University of Berlin

*Modelling segmental muscle volume by multiple bioelectrical impedance measurements.*

#### Cranlea Physical Activity for Health Applied Practice Award

**Mark Hopkins**, University of Leeds

*12 weeks of supervised exercise produces health benefits despite poor weight loss.*

#### Bodycare Sport and Performance Applied Practice Award

**Richard Keegan**, Loughborough University

*The Road to Twickenham: reflections on a culture-based intervention with a high-performing students' rugby club.*

### The 2007 BASES Annual Student Conference Awards

- Postgraduate Oral Award Winner (Sponsored by BASES)

**Rebecca Symes**, University of Chichester

- Postgraduate Oral Award Runner-Up (Sponsored by Human Kinetics)

**Dominic Farris**, University of Bath

- Postgraduate Poster Award Winner (Sponsored by BASES)

**Emily Warren**, Sheffield Hallam University

- Postgraduate Poster Award Runner-Up (Sponsored by Human Kinetics)

**Matthew Barlow**, University of Plymouth

- Undergraduate Oral Award Winner (Sponsored by BASES)

**Christopher Earing**, University of Wales, Bangor

- Undergraduate Oral Award Runner-Up (Sponsored by Human Kinetics)

**Hamish McAndrew**, University of Edinburgh

- Undergraduate Poster Award Winner (Sponsored by BASES)

**Claire Bridgman**, University of Portsmouth

- Undergraduate Poster Award Runner-Up (Sponsored by Human Kinetics)

**Jane Campbell**, University of Wales, Aberystwyth

- Applied Research Postgraduate Award Winner (Sponsored by sports coach UK)

**Chester Hill**, University of Chichester

- Applied Research Postgraduate Award Runner-Up (Sponsored by Cranlea)

**Chris Rush**, University of Teesside

- Applied Research Undergraduate Award Winner (Sponsored by sports coach UK)

**Elizabeth Robson**, St Mary's University College

- Applied Research Undergraduate Award Runner-Up (Sponsored by University of Chichester)

**Claire Taylor**, University of Hull.

### Annual Awards

Philip Read Memorial Award for Recently Qualified Researcher in Sport and Exercise Sciences

**Dr Rob Shave**, Brunel University

BASES Honorary Fellows Undergraduate Dissertation of the Year Award

**Martin Dixon**, Nottingham Trent University

*Social physique anxiety and exercise behaviour among young adults.*

## Workshop Committee

The workshop committee labours away behind the scenes to provide you, the members, with mouth-watering opportunities to continue your professional development, fulfil the requirements for accreditation or indulge in the simple pleasure of learning something new.

The job of the committee is to coerce experts into putting on workshops but we enjoy even more being able to gratefully consider the proposals of volunteers. Through a mixture of these processes, a wide selection of workshops was offered over the period since the last annual report. Twenty one workshops were delivered and attended by a total of over 400 delegates. The level of support was sufficient to ensure that all the workshops in the 'regular series' were held as planned and the quality was universally high with no workshop scoring less than 7 out of 10 overall in the evaluations and seven workshops scoring 9 out of 10. A supplementary programme of Safeguarding Welfare in Sport and Exercise Sciences and High Performance CPD Workshops (supported by UK Sport) ran alongside the main programme.

The programme for the forthcoming Autumn-Winter 2007 programme can be found on the BASES website, and includes a full range of subjects from 'Molecular Exercise Physiology' to 'Emotional Intelligence and Coping Amongst Sports Students'. Surely there must be something here for everyone and I hope you will support the programme and your personal development as a sport and exercise scientist by signing up for at least one.

The present committee will be standing down at the next meeting in October, when the newly elected members take up their positions. Workshop proposals will be considered for the Spring-Summer 2008 programme in November 2007, so if you have any great ideas for

“The quality was universally high with no workshop scoring less than 7 out of 10 overall in the evaluations.”

workshops, then please complete a workshop proposal form and send it to the BASES Office. We hope you are pinning the glossy Workshop flyers from *The Sport and Exercise Scientist* prominently on your notice boards, though we have discovered from the evaluation questionnaires that most delegates are getting their information from the weekly e-newsletter. Another innovation has been the reviews of workshops in *The Sport and Exercise Scientist*, which we like to think have helped to raise your awareness of what is on offer and persuaded you to attend.

Finally, the committee exists to fulfil the needs of the membership. If there is an area of training that we are not addressing, then please contact the BASES Office and we will do our best to fill the gap.

*Dr Martin Sellens*  
Chair of the Workshop Committee

### PROGRAMME OF BASES WORKSHOPS FOR 2007

#### **BASES Physiology Laboratory Accreditation**

Prof Edward Winter

#### **Designing and Delivering Group Workshops as an Applied Sport Psychologist**

Dr Tim Holder, Sarah Cecil, Dr Richard Thelwell and Jenny Page

#### **What is Neuro Linguistic Programming?**

Louise Deeley

#### **The Design and Interpretation of Interventions in Sport and Exercise Sciences: Evidence into Practice**

Dr Barry Drust, Prof Greg Atkinson and Dr Alan Batterham

**Using Problem Based Learning in Sport and Exercise Sciences**

*(in association with the Higher Education Academy's HLSTN)*

Dr Mike Duncan, Mark Lyons, Louise Martin and Robert Dudley

**I-Day Introduction to Counselling Skills**

Dr Brian Hemmings and Dr Jonathan Katz

**Oxygen Uptake Kinetics**

Prof Andrew Jones, Prof David Poole, Dr Mark Burnley and Dr Daryl Wilkerson

**Low Self Esteem and Physical Activity Participation in Mental Health Service Users: A Cognitive Behavioural Therapy Perspective**

Dr Gary Robinson

**Measurement and Analysis of Force**

Prof Adrian Lees, Dr Phil Graham-Smith and Dr Mark Lake

**Making Weight in High Performance Sports Safely and Effectively**

*(BASES High Performance CPD workshop, supported by UK Sport)*

Wendy Martinson, Prof Clyde Williams, Prof Mike Rennie, Claire Harrison and Nigel Mitchell

**Basic Electrocardiography (ECG): Practical Skills and Introduction to Interpretation**

Prof Greg Whyte, Dr Paul Bromley, Prof Keith George and Dr Rob Shave

**Motivational Interviewing and Brief Negotiation in Sport and Exercise Settings**

Jeff Breckon

**BASES Safeguarding Welfare in Sport and Exercise Sciences**

Dr Andrew Miles

**Acute Exercise and Psychological Outcomes: Concepts, Methods and Implications for Research and Practice**

Prof Adrian Taylor, Prof Gaynor Parfitt, Prof Paddy Ekkekakis, Dr Elaine Rose and Emma Everson

**Current and Future Applications of Performance Analysis in High Performance Sport**

*(BASES High Performance CPD workshop, supported by UK Sport)*

Prof Mike Hughes, Stafford Murray, Michael T Hughes, Christopher White and Duncan Locke

**Molecular Exercise Physiology: Genetic Testing in Sport and Exercise Science**

Dr Alun Williams, Dr Henning Wackerhage and Dr Shirley McCready

**The Applications of Sport Psychology Principles in Business**

Tom Cloke and Ali Gill

**Kinanthropometry**

Prof Tom Reilly and Prof Roger Eston

**Emotional Intelligence and Coping Amongst Sports Students**

Prof Andy Lane and Dr Tracey Devonport

**The Self Aware Sport Psychologist**

William Winstone and Jonathan Males

**The Applied Sport Psychologist: Enhancing Recovery from Sports Injury**

Dr Anna Waters, Dr Lynne Evans and Ian Mitchell

**The Physiology of Upper Body Exercise**

Dr Vicky Tolfrey, Dr Michael Price, Dr Ken van Someren and Dr Paul Smith

**Mental Toughness: An Applied Workshop for Sports Psychologists**

Dr Tom Fawcett

**Developing Workplace Physical Activity Intervention**

Dr Nick Gilson, Dr Marie Murphy, Prof Jim McKenna, Andy Pringle, Chris Spoor and Prof Carlton Cooke

**Improving Performance Through Reflective Learning**

Dr Hamish Telfer, Prof Tony Ghaye, Zoe Knowles, Dr David Gilbourne and Dr Martin Littlewood

**Clinical Gait Analysis: An Inter-Professional Approach**

Dr Phil Graham-Smith, Richard Jones, Neale Browne and Lee Herrington

**Respiratory Assessment and Interpretation**

Prof Alison McConnell, Dr Lee Romer and John Dickinson.

## The Journal of Sports Sciences

This year is the 25th anniversary of the *Journal of Sports Sciences (JSS)*. Perhaps it is fitting that in such an auspicious year, the *JSS* continues its remarkable progress as one of the leading academic journals of sports sciences both in this country and the world. The *JSS* has just received the latest impact factor (for the calendar year 2006) as 1.80, which is again another improvement on its impact factor from 2005 of 1.70. The relative standing of *JSS* is now 13th out of over 73 sports-related journals, another all-time high point in its 25 year history.

In 2005 we saw a number of changes to the Editorial Board of the *JSS*. This year, the Editorial Board changes have been less turbulent with only Professor Vasilios (Bill) Baltzopoulos retiring after five hectic years as Biomechanics Section Editor; a retirement that was partially forced upon him due to the imminent pressure of work associated with being a member of the Sports-Related Studies Research Assessment Exercise panel. On behalf of the *JSS*, I should like to thank Bill for all the hard work he carried out, dealing with the ever increasing number of articles that the *JSS* is both receiving and publishing. We are delighted that Dr Nick Linthorne has agreed to take the vacant position, an appointment he has already started to perform with great enthusiasm and efficiency.

The *JSS* continues to grow in popularity and reputation, with the number of articles submitted over the past year rising to just under 500. Of course, this has been aided and abetted by the new online system, developed and supported by Manuscript Central. With all such

“The *JSS* continues its remarkable progress as one of the leading academic journals of sport science both in this country and the world.”

online systems, there comes the inevitable teething problems. However, I think most would agree, since its launch, Manuscript Central has been a great success for authors, section editors, reviewers, administrators and, in particular, the Editor in Chief. Thanks to all at Taylor & Francis for helping to implement Manuscript Central, in particular, Tom Pater who has often been the first port of call when advice is needed.

With this growth in popularity, comes the ever increasing pressure to publish more articles. For this reason, the publishers have agreed to increase the number of issues to 14 per year. This will naturally reduce the pressure on the backlog of articles waiting to be published, at present standing at approximately 86 papers. We can now anticipate the likely delay in publication, which has been over 10 months in the past, being reduced to approximately 6 months in the near future. Of course with the availability of seeing accepted articles on preview ahead of publication, often within 2-3 months of acceptance, this pressure is further reduced.

In summary, the *JSS* appears to be in a very healthy state and I should like to thank all those responsible for helping the *JSS* maintain its enviable position as one of the leading academic journals of sports sciences in the world.

**Prof Alan Nevill**  
**Editor in Chief**

## The Sport and Exercise Scientist

The Sport and Exercise Scientist serves the professional development needs of BASES members. We try to showcase the best work of BASES members and key developments in sport and exercise sciences. We sought the views of members by conducting an online survey that assessed the extent to which we are meeting our aims and objectives. Despite receiving positive scores and encouraging feedback, the Editorial Advisory Board has worked hard to address issues raised. Each issue contains over 20,000 words and I have to thank the Editorial Advisory Board for its professionalism and hard work.

Last year I talked about the stability of the Editorial Advisory Board and how this helped steer each issue. This year has seen several changes to the Board. Dr Dominic Micklewright replaces Dr Tracey Devonport, who was co-opted onto the BASES Strategic Management Team. Lisa Board retired, and we have introduced a new section called, 'Strictly for Students', headed by Chris Wagg, which I believe is a major step forwards. Dr John Saxton, Dr Dan Bishop, Prof Greg Atkinson and Dr Sarah Rowell continue to play a key role in shaping the success of *The SES*. Dr Claire Hitchings' attention to detail makes an outstanding contribution. The enthusiasm and quality produced by the Editorial Advisory Board is excellent and it is pleasing to work with such highly motivated individuals.

“We try to proactively identify relevant issues and also react to members' needs.”

The next year will see some encouraging developments. We will see articles from authors who received BASES international travel grant awards, funding made available from surplus generated from recent successful BASES Conferences. Symposia, debates and applied practice papers from the Annual Conference will also be featured. Of course, we will continue to seek articles on relevant issues and promote best practice for sport and exercise scientists.



**Prof Andy Lane**  
Editor of *The Sport and Exercise Scientist*

Two-way communication is vital - we ask BASES members to keep us informed of relevant issues and challenges. We try to proactively identify relevant issues and also react to members' needs. We encourage members to contribute to *The Sport and Exercise Scientist* through one of the many channels such as writing letters and articles, or by e-mailing one of the team to raise an issue. We will try to raise the standard of the publication over the next year. We hope that all members of the sport and exercise science community at large, including people not currently members of BASES, will find *The Sport and Exercise Scientist* a valuable read. *The Sport and Exercise Scientist* is available on-line in the Member Area of [www.bases.org.uk](http://www.bases.org.uk)

“The Student Advisory Group has been active in proposing new developments to engage BASES student members.”

## The Student Advisory Group

For another year the Student Advisory Group has represented the interests of BASES student members on a number of important Association matters. In September 2006 I was able to attend a Network Representative day. This provided the perfect opportunity to meet the network representatives and gain valuable feedback and share great ideas. It also allowed network representatives to review the current membership benefits offered to students. Since then the Student Advisory Group has been in communication with Dr Claire Hitchings regarding the membership benefits for student members.

The Student Advisory Group has also proposed a new student e-newsletter, the aim of which will be to raise awareness of BASES to undergraduate students studying sport and exercise sciences and encourage students to the BASES website. The e-newsletter will include information concerning forthcoming BASES events, articles coming up in *The Sport and Exercise Scientist*, new items on the Member Area of the website, and information on studentships and employment opportunities. The Student Advisory Group has also reviewed the BASES website and has proposed a new and improved Member Area for students.

The Student Advisory Group has also proposed a revamp of the existing careers guide and has suggested possible collaborations to ensure sport and exercise students receive quality careers advice across different educational levels. Finally, further work has been carried out in terms of developing a new undergraduate student event on professional skills.



This year has also seen the launch of the ‘Strictly for Students’ area of *The Sport and Exercise Scientist*. This will enable student members to read interesting articles, gain top tips from experts, and keep up-to-date with current news and information relevant for student members. ‘Strictly for Students’ also provides an opportunity for student members to get involved and contribute to the content of the section.

I was also able to attend the 2007 BASES Annual Student Conference held at the University of Chichester. The Conference was a fantastic success providing a friendly and supportive environment for undergraduate and postgraduate students to present their research and listen to interesting keynotes. I wish the University of Bedfordshire all the best in hosting the 2008 BASES Annual Student Conference.

**Tamsin Frost**  
**Chair of the Student Advisory Group**

## Supervised Experience and Accreditation

### Supervised Experience

The Pathway Supervised Experience Review Committees reviewed a total of 121 supervised experience applications (April 2006 and October 2006). Pathway-specific figures are reported in Table 1 below. There are now 143 BASES individuals registered on supervised experience.

**Table 1: Supervised Experience Figures for 2006-2007**

Pathway	New Supervised Experience Applicants <sup>a</sup>	Total No. of Individuals Registered on Supervised Experience <sup>b</sup>
Biomechanics	2	8
Interdisciplinary	1	3
Physiology	32	63
Psychology	13	69
<b>Total</b>	<b>48</b>	<b>143</b>

Notes. <sup>a</sup>Across April 2006 and October 2006. <sup>b</sup>As of end of March 2007.

### Individual Accreditation

The BASES Accreditation Committee met twice in the year and reviewed a total of 36 applications for scientific support and research re-/accreditation (July 2006 and January 2007). Pathway-specific figures are reported in Table 2. There are now 304 BASES accredited sport and exercise scientists and 22 BASES High Performance Sport Accredited practitioners.

**Table 2: Accreditation and Re-accreditation Figures for 2006-07<sup>a</sup>**

Section	Scientific Support Re-/Accreditation	Research Re-/Accreditation	Scientific Support & Research Re-/Accreditation	Total Number of BASES Accredited Sport and Exercise Scientists <sup>b</sup>
Biomechanics	1	-	-	13
Interdisciplinary	2	-	-	19
Physiology	8	6	-	134
Psychology	16	2	1	138
<b>Total</b>	<b>27</b>	<b>8</b>	<b>1</b>	<b>304</b>

Notes. <sup>a</sup>Across July 2006 and January 2007. <sup>b</sup>As of end of March 2007.

### Laboratory Accreditation

Six laboratories were re-accredited:

- Buckinghamshire Chilterns University College
- Heriot-Watt University
- Kingston University
- Oxford Brookes University
- Sheffield Hallam University
- University of Brighton

The total number of accredited laboratories is 28.

**Dr Claire Hitchings**  
Executive Officer of BASES



## BASES Undergraduate Endorsed Courses

Institution	Course Title	Qualification
Coventry University	Sport & Exercise Science	3FT/4SW Hon BSc
Edge Hill University	Sport & Exercise Science	3FT Hon BSc
Manchester Metropolitan University, Cheshire	Sport, Exercise & Coaching Sciences	3FT/4-6PT Hon BSc
Northumbria University	Applied Sport & Exercise Science	3FT Hon BSc
Sheffield Hallam University	Sport & Exercise Science	3FT/6PT Hon BSc
St Mary's University College	Sport Science (Joint Honours) Sport Science (Single Honours)	3FT/4-6PT Hon BSc
University of Central Lancashire	Sports Science	3FT Hon BSc
University of Chichester	Sport & Exercise Science Sport Coaching Science	3FT/4-6PT Hon BSc
University of Edinburgh	Applied Sports Science	4FT Hon BSc
University of Gloucestershire	Exercise & Health Sciences Sport & Exercise Sciences Sport Science	3FT/4-6PT Hon BSc
University of Hull	Sport & Exercise Sciences	3FT Hon BSc
University of Portsmouth	Sports Science Applied Sports Science	3FT Hon BSc
University of Wales, Cardiff	Sport & Exercise Science	3FT Hon BSc
York St John University	Sport & Exercise Science	3FT/4-6PT Hon BSc

## Acknowledgements

The Strategic Management Team would like to pay special tribute to those members who have contributed their time and energy to the Association. The results achieved would not have been possible without their commitment and efforts. We thank each person for their support and contribution.

### **Division of Education and Professional Development**

Dr Rhys Thatcher (Chair), Peter Brown, Prof Steve Olivier, Dr Martin Sellens and Jocelyn Tantawy.

### **Division of Physical Activity for Health**

Dr John Buckley (Chair), David Dixon, Dr Jason Gill, Christopher Owens, Andrew Power and Dr John Saxton.

### **Division of Sport and Performance**

Dr Kevin Thompson (Chair), Patrick Cangle, Paul Dent, Dr Keith Stokes, Dr Ken van Someren and Christopher Wagg.

### **Biomechanics Accreditation and Supervised Experience Review Committee:**

Dr Neil Fowler, Dr Phil Graham-Smith, Dr Mike Lauder, Dr Carl Payton and Dr Ray White.

### **Interdisciplinary Accreditation and Supervised Experience Review Committee:**

Prof Les Burwitz, Dr Diane Crone and Fiona Lothian.

### **Physiology Accreditation and Supervised Experience Review Committee:**

Lisa Board, Dr Paul Bromley, Dr John Buckley, Dr Audrey Duncan, Prof Andy Jones, Prof Alison McConnell, Dr Mike Price, Prof Kevin Thompson, Prof Edward Winter and Matt Cosgrove.

### **Psychology Accreditation and Supervised Experience Review Committee:**

Dr Joy Bringer, Paul Dent, Dr Tara Edwards, Ross Hall, Simon Hartley, Dr Tim Holder, Dr Costas Karageorghis, Zoe Knowles, Paul Russell, Cath Shearer, Dr Richard Thelwell, Dr Tony Westbury and Neil Weston.

### **Accreditation Committee**

Prof Richard Davison (Chair), Dr Jo Fallowfield, Prof Ian Maynard, Prof Stephen Olivier, Dr Richard Thelwell and Dr Ray White.

### **Workshop Committee**

Dr Martin Sellens (Chair), Lisa Board, Paul Dent, Dr Phil Graham-Smith, Andrew Power, Dr Stewart Bruce-Low, Dr Anna Waters and Karen Williams.

### **The Student Advisory Group**

Tamsin Frost (Chair), Peter Brown, Patrick Cangle, David Dixon, Christopher Owens and Christopher Wagg.

### **BASES Undergraduate Endorsement Scheme Committee**

Dr Neil Fowler (Chair), Lisa Board, Dr Adrian Burden, Dr Christopher Bussell, Dr Mark Goss-Sampson, Dr Tim Holder, Dr Ray Lloyd, Helen Matthews, Dr Andrew Miles, Dr Steve Olivier, Dr Alun Rees, Dr Chris Sellars, Dr Martin Sellens, Dr Nick Smith, Dr Paul Smith, Jocelyn Tantawy and Dr Richard Tong.

### **Conference Scientific Programme Committee**

Dr Keith Stokes (Chair), Dr Jason Gill, Jocelyn Tantawy and Dr Ken van Someren.

### **The Sport and Exercise Scientist Editorial Board**

Prof Andy Lane (Editor), Prof Greg Atkinson, Dr Dan Bishop, Lisa Board, Dr Tracey Devonport, Dr Claire Hitchings, Dr Dominic Micklewright, Dr Sarah Rowell and Dr John Saxton.

BASES would also like to extend its thanks to:

- Jane Bairstow, Marsha Stankler and Jane Gillott
- Dr Val Cox, the Awards Coordinator
- The 2007 BASES Annual Conference Organising Committee: Dr Keith Stokes (Chair), Dr James Betts, Cathy French, Simone Lewis, Dr Polly McGuigan, Emily Richards, Prof Chris Riddoch, Dr Dylan Thompson and Dr Grant Trewartha
- The 2007 BASES Annual Student Conference Organising Committee: Dr Mike Lauder (Chair), Fran Dobbins, Laura Farrant, Dr Jan Graydon, John Kelly and Dr Marcus Smith
- The High Performance Sport Accreditation Working Party: Dr Ken van Someren (Chair), Dr Richard Davison, Dr Claire Hitchings, Prof Andy Jones, Prof Ian Maynard, Dr Carl Payton, Dr Sarah Rowell (UK Sport) and Prof Kevin Thompson
- The London 2012 Steering Group: Prof Craig Mahoney (Chair), Prof Ralph Beneke, Dr Jo Bowtell, Prof Ian Campbell, Dr Richard Davison, Prof Joan Duda, Dr Jonathan Katz, Dr Marcus Smith, Dr Nick Smith, Prof Mark Williams and Prof Fred Yeadon
- The Council: Prof Craig Mahoney (Acting President), Dr John Buckley, Will Calvert, Tamsin Frost, Gaynor Heys, Dr Claire Hitchings, Dr Rhys Thatcher and Prof Kevin Thompson
- Interest Group Convenors: Dr James Bilzon, Dr Neil Fowler, Dr Michael G Hughes, Keith Irving, Andy Kirkland, Prof Alan Nevill, Dr Louis Passfield, Dr Chris Sellars, Dr Marcus Smith, Dr Henning Wackerhage, Dr Andy Williamson and Dr Craig Williams
- Prof Clyde Williams and Dr Stuart Galloway for their work on the Sport and Exercise Nutrition Register
- Dr Richard Godfrey for his work on the re-design of the BASES fellowship scheme
- Contributors to *The Sport and Exercise Scientist*
- Andy O'Neill, the website designer from Lazy Gecko
- Darren Brown and the team from Mercer Print
- Helen Spencer and Claire Steele-Childe from Kirk Newsholme
- Bodycare, Cranlea, Elsevier, Human Kinetics, Sportesse, sports coach UK, Taylor & Francis, University of Chichester, University of Wolverhampton and the BASES Honorary Fellows for their financial support with sponsoring awards
- Workshop organisers and presenters
- All those BASES members who acted as judges for awards throughout the year
- Individuals who have contributed to the Association this year by responding to various requests for input and assistance.

# The British Association of Sport and Exercise Sciences

## Promoting excellence in sport and exercise sciences

The British Association of Sport and Exercise Sciences is the UK professional body for all those with an interest in the science of sport and exercise.

**Our Mission** | Promoting excellence in sport and exercise sciences.

**Our Vision** | The professional body leading excellence in sport and exercise sciences through evidence based practice.

## Objectives of BASES

The Association's objectives are:

- the promotion of research in sport and exercise sciences
- the encouragement of evidence-based practice in sport and exercise sciences
- the distribution of knowledge in sport and exercise sciences
- the development and maintenance of high professional standards for those involved in sport and exercise sciences
- the representation of the interests of sport and exercise sciences nationally and internationally.

## Committees 2006-2007

### **BASES Strategic Management Team**

**Chair** | Prof Richard Davison

**Honorary Treasurer** | Dr Raymond White

**Honorary Secretary** | Prof Edward Winter

**Executive Officer** | Dr Claire Hitchings

**Co-opted Member** | Dr Tracey Devonport

### **Chairs of Divisions**

**Division of Education and Professional Development** | Dr Rhys Thatcher

**Division of Physical Activity for Health** | Dr John Buckley

**Division of Sport and Performance** | Prof Kevin Thompson

### **Central Office Staff**

**Executive Officer** | Dr Claire Hitchings

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