

The British Association of Sport and Exercise Sciences
Annual Report and Financial Statements
2016-2017





The Board Report

The Board has pleasure in presenting the British Association of Sport and Exercise Sciences (BASES) annual report (September 2016-August 2017) and the financial statements for the year ended 31 March 2017. The main attention of the Board has been given to the items identified in the 2015-2020 Strategic Plan, which has four strategic imperatives: membership, professional standards, events and publications. These are underpinned by improvements to internal and external communications that ensure BASES is recognised as the UK's leading professional body in sport and exercise sciences.

Communications

To improve and increase interaction with members, partners and stakeholders, BASES will be launching a new streamlined and user-friendly website in spring 2018. Alongside this, a project is being undertaken to migrate BASES member data to a new customer relationship management (CRM) system that will enable more effective and targeted interaction and communication with both members and non-members. These changes will not only deliver an enhanced user experience, they will also set the foundation for further development and expansion of BASES online membership benefits.

BASES continues to be highly active through social media, with 24,300 Twitter followers (+20% vs. August 2016) and 4,030 Facebook likes (+21% vs. August 2016). The BASES LinkedIn page has been re-activated, with 1,712 members (August 2017) and a BASES Instagram account has been set up, which has 111 followers (August 2017). BASES social media presence enables the recognition, promotion and celebration of the valuable work that is carried out within the sport and exercise science community in the UK and overseas.



Above: BASES social media following has increased significantly in the last 12 months

Membership

The BASES membership satisfaction survey, conducted in January 2017, showed member satisfaction had increased since the last survey (2010) from 74% to 77%, with 324 members completing the survey (+51% vs. 2010). The satisfaction survey has been re-introduced to discover how BASES can improve satisfaction, increase retention of current members and better attract new members. The survey will now be sent out each year to enable ongoing monitoring and identification of areas for development.

A number of recommendations have been developed based on the survey's findings, with projects now underway to address areas highlighted for improvement. BASES has reviewed how it promotes member benefits and now utilises a range of platforms for correspondence and publicity, including tailored communication for overseas members.

BASES membership categories have been revised to provide current and

prospective members with clarity on the different member categories and benefits offered, with further work taking place looking at potential new member categories that will help to support membership growth. Also underway is a re-launch of the Network Representative scheme, with new materials, resources and guidance in development, which will support Network Representatives to promote BASES to the next generation of sport and exercise scientists.

Membership has increased year on year by 5.1% from 2,318 (Sept 2015 – Aug 2016) to 2,438 (Sept 2016 – Aug 2017), with growth achieved across most member categories including professional (+3.2%), student (+5.5%), affiliate (+5.8%) and overseas (+10%). The BASES bulk membership scheme, which enables universities to buy multiple memberships for their students and staff, has doubled in size since 2015 following a re-vamp of the scheme in 2016. Based on feedback, BASES has reduced bulk membership rates for the 2017-18 academic year, delivering exceptional value for the universities who take up the offer.

BASES Fellowship recognises esteemed professional achievement, skills, knowledge and service to BASES and the sport and exercise science community made by BASES professional members. Congratulations to the six members who have been awarded BASES Fellowship in 2017: Dr Grant Abt, Dr Lisa Board, Dr Val Cox, Dr Kevin Currell, Dr Caroline Sunderland and Prof Craig Twist, bringing the total number of BASES Fellows to 106.

BASES continues to engage and develop relationships with stakeholders in the UK and abroad. In May, BASES was pleased to announce the signing of a Memorandum of Understanding (MOU) with Exercise and Sports Science Australia (ESSA), outlining a collaborative relationship that aims to foster international co-operation for



Above: The 2016 BASES Conference took place at the East Midlands Conference Centre in Nottingham - the same venue will host the 2017 BASES-FEPSAC Conference

the benefit of all professions and professionals involved within the respective organisations. Meetings have also taken place with the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) to discuss how BASES can use its well-established accreditation framework to support CIMSPA in developing and implementing a single, clear and rigorous set of standards for all sport and exercise professionals in the UK. CIMSPA and BASES are developing an MOU that will formalise both organisations' commitment to working in partnership to improve workforce standards throughout the sport and physical activity sector.

Professional Standards

There are now 166 BASES members undertaking supervised experience (compared to 157 in 2016) with 148 registered supervisors and 112 reviewers supporting the scheme. BASES has 307 accredited members, 199 Chartered Scientists, 36 Certified Exercise Practitioners, 29 members holding High Performance Sport Accreditation and there are 17 accredited physiology laboratories.

BASES continues to work closely with the Premier League and is working on new projects to continue improving the standards of sport and exercise science professionals working within the Premier League. BASES is also working with the English Institute of Sport to embed different levels of accreditation into their organisation and provide external validation of employee professional standards.

The BASES Undergraduate Endorsement Scheme (BUES) has 36 registered courses, with Leeds Beckett University, Northumbria University and University of Staffordshire successfully re-endorsing courses this year. BASES is currently reviewing the BUES endorsement criteria and a task group has been appointed to review the scheme, with the objective of ensuring graduate fitness to practice.

BASES annual award and grant schemes continue to support excellence and provide support for BASES members to progress their careers, conduct cutting-edge research and attend conferences at home and abroad. This year, BASES has awarded three International Conference grants, three BASES Conference grants, two Expert Statement grants and one Early Career grant.

Events

The Association continues to provide outstanding continuing professional development (CPD) opportunities, including conferences, webinars and workshops.

BASES Annual Conference 2016 was held on 29-30 November at the East Midlands Conference Centre in Nottingham. The Scientific Programme Committee, chaired by Prof Clyde Williams OBE, FBASES put together a world-class programme including two international speakers: Prof Mai Chin A Paw from VU University Medical Center, Amsterdam and Prof David Bishop from Victoria University, Melbourne. Mark England, Team GB chef de mission at the Rio Olympics, opened the conference and shared his reflections of the Games. Baroness Sue Campbell CBE closed the conference with a session addressing the challenges and opportunities for sport posed by today's young people. For many delegates the highlight of the conference was the after-dinner speaker, Micky Yule, a Scottish-born British power-lifter who made his Paralympic debut at Rio 2016.

There were 349 conference attendees, 184 abstracts submitted and 24 exhibitors. Abstracts of all presentations continue to be published in an online supplement of the Journal of Sports Sciences. Thanks to our official conference partner, the GSK Human Performance Lab; official platinum supporter, Renew Health Limited; and official gold supporters COSMED and Cyclus2.

The BASES-FEPSAC Conference 2017 is a joint event in partnership with the European Federation of Sport Psychology (FEPSAC) and will again be hosted at the East Midlands Conference Centre on 28-29 November. The BASES Scientific Programme Committee, chaired by Prof Greg Whyte OBE, FBASES has put together a programme packed full of world-leading research and insight, which promises to be a highly memorable event. In 2018, the BASES Annual Conference will be held on 27-28 November 2018 at Harrogate Convention Centre in North Yorkshire.

The BASES Student Conference 2017 was hosted by the University of St Mark and St John in Plymouth. The theme of the conference was *Clinical exercise science: research and practice*, with a programme





motivated by the application of clinical based research and its benefits to the performer and performance in sport and health sciences. The conference was attended by 181 delegates from around the UK and Europe, representing 36 sport science departments, with 111 presentations over 2 days. All abstracts were published in the Graduate Journal of Sport, Exercise and Physical Education Research. Four keynotes were delivered by Prof Keith George FBASES, Dr Sharon Dixon, Prof Andy Jones FBASES and Dr Kate Hays, reflective of the many disciplines associated with sport and exercise science. The BASES Student Conference 2018, titled *Contemporary issues in sport and exercise sciences: translating research into human performance* will be hosted by Northumbria University on 12-13 April 2018.

The 14th annual BASES Heads of Department (HoDs) forum was hosted by Staffordshire University in March 2017 welcoming 66 attendees representing 44 universities. In addition to the networking opportunities provided by this annual event, a series of informative and well-received presentations covered topics from teaching and learning strategies to employability and emerging critical issues in sport and exercise sciences.

BASES ran 23 workshops over the past year, which were attended by 210 delegates. 17 workshops were linked with the supervised experience programme. BASES also hosted nine webinars with 4,148 registered delegates. In an effort to provide a wider range of CPD opportunities for members in the future, BASES has developed an external CPD endorsement process that will evaluate the quality and suitability of established CPD providers. CPD events that are successfully endorsed by BASES will be allocated BASES CPD credits to assist members requiring hours and credits for their relevant accreditation level.



Above: The 50th Anniversary issue of The Sport and Exercise Scientist

Publications

The *Journal of Sports Sciences* continued to perform well in 2016, with a total of 1,432 papers submitted for publication (+14% vs. 2015). Overall, 25% of submissions were accepted for publication in the journal in 2016. The impact factor for the journal rose to a historic high of 2.539, resulting in it being ranked 17 out of 81 journals in the field. The past year saw a significant restructuring of the journal's Editorial and Advisory Boards. The Editorial Board moved from 12 sections, each with one Section Editor, to five sections, each led by an Executive Editor and supported by three Associate Editors, increasing the size of the Editorial Board from 12 to 20 members. At the same time, the journal's Advisory Board was restructured and expanded. It is hoped that the revised structure will allow the journal to cope better with the growth in submission numbers.

The *Sport and Exercise Scientist*, the official publication of BASES, continues to contribute to the professional development of sport and exercise scientists by promoting evidence-based practice. The winter 2016

issue celebrated the 50th issue of *The Sport and Exercise Scientist* and provided the opportunity to reflect back on the past 50 issues.

There are now 22 BASES expert statements available on the BASES website. This year, BASES members produced two statements on *Interventions for Improving Performance in the Heat* and *Inadvertent Doping in Sport*.

Divisions

The Division of Psychology has focused its efforts on two areas that were prominent in feedback from the 2016 membership survey: high quality, value for money CPD events and practitioner accreditation. Driven by activities through three thematic strands – Performance Excellence, Mental Health and Engagement and Development – a range of webinars and workshops have been offered. Liverpool John Moore's University hosted the free to members Division Day in April 2017, with another Division event taking place at the University of Portsmouth in September. A key decision taken by the Division Committee was to engage in developing a revised BASES accreditation qualification to meet Health and Care Professions Council (HCPC) standards for practitioner sport and exercise psychologists. This working project, led by Prof Richard Thelwell FBASES, is viewed as critical for the profession and will enable BASES to offer members a pathway towards attaining the title of Sport and Exercise Psychologist. The Division has also focused on delivering an excellent BASES-FEPSAC Conference in 2017 by supporting the engagement of a high quality line-up of keynote and invited speakers from Europe and North America.



Above: Division Days have been a very popular addition to BASES events calendar providing opportunities for CPD, workshops and networking

The Division of Physical Activity for Health has continued to focus on developing the Division through the provision of high quality CPD and networking events. The annual Divisional Day at the University of Wolverhampton included keynote talks from high profile researchers and provided opportunities for early career academics to present their work, with over 50 delegates in attendance. The Division also ran three webinars covering the topics *Exercise prescription for chronic disease*; *Therapeutic lifestyle change*; and *Practitioners: the missing link between public health policy and physical activity*.

Over 150 delegates attended the Biomechanics and Motor Behaviour Division Day / Biomechanics Interest Group (BIG) at the University of Portsmouth. The event was a success, with an inspiring keynote lecture from Dr Neal Smith, in addition to workshops, free communication presentations and poster presentations. The baton has now been passed to the University of Salford for next year's event, due to take place in April 2018.

This year, the Division of Physiology and Nutrition conducted a survey to find out the needs of members, with results to be presented at the Division Day in September 2017. Member feedback related predominantly to CPD activities and networking; integration of research and practice; and being kept up to date with news and events through various media platforms. One step taken in response to this feedback has been the development of a Division newsletter, the first of which was circulated in July 2017. It is hoped that, as this forum develops, it will facilitate networking and enable current 'hot topics' to be communicated and discussed between members. New workshops were delivered in *Explosive strength measurement and Training considerations and performance in the extremes*, along with the webinars: *What is integrative sports nutrition?* and the upcoming *Delivering an Olympic legacy - The National Centre for Sport and Exercise Medicine*. The annual Physiology and Nutrition Division Day, taking place in September 2017, is free to members and will include speakers covering all areas of the Division's interests including: sports nutrition (including SENR), exercise physiology, athlete support and occupational physiology.

The Division of Sport and Performance held two events this year, each attracting over 100 delegates. The first of these was the annual Division Day held at Newman University in May. The event focused on athlete monitoring in team and individual sport settings and was attended by delegates from around the UK and Europe. The second event was held at University College Dublin in Ireland. The event attracted top speakers from across the UK presenting on practice in elite sport. Topics covered included recovery and training load science, periodisation and reactive strength index. The Division is in the process of formulating a plan for how to further develop its offer to members based on feedback received from delegates and members.

Finance

BASES reported a surplus for the year ended 31 March 2017 of £36,273. BASES is a not-for-profit organisation; as such, it needs to operate on the basis that it is not seeking to make a profit over the long-term and surplus should be re-invested. Total reserves at 31 March 2016 were £346,970. Re-investment of the surplus has already begun with the introduction of BASES Conference grants, Early Career grants and the appointment of a Marketing and Communications Officer. Further investment for growth is planned for this year to improve BASES IT systems, re-launch the website and develop the HCPC pathway for sport and exercise psychologists.

Acknowledgements

The success of BASES relies heavily on members engaging and volunteering in activities. Consequently, the Board wholeheartedly thank those individuals who have contributed their time and energy to the Association over the past year and beyond.





Company Information and Report of the Directors for the year ended 31 March 2017

Company Information for the year ended 31 March 2017

Directors

Dr K Tolfrey FBASES (Chair) • Prof C Harwood FBASES (Deputy Chair)
Ruth Brougham, • Prof M Duncan FBASES • Mr Adam Grainger • Mr A Hawkey
Mr Tom Holden (Executive Director) • Dr Mike Price FBASES • Mr Paul Scott.

Secretary

Miss J A Bairstow.

Registered office

Rooms G07 & G08 Fairfax Hall, Leeds Beckett University, Headingley Campus,
Headingley, Leeds, West Yorkshire, LS6 3QS.

Registered number

05385834 (England and Wales).

Accountants

Kirk Newsholme, Chartered Accountants, 4315 Park Approach,
Thorpe Park, Leeds, West Yorkshire, LS15 8GB.

Report of the Directors for the year ended 31 March 2017

The directors present their report with the financial statements of the company for the year ended 31 March 2017.

Principal activity

The principal activity of the company in the year under review was that of promoting evidence-based practice and research in sport and exercise sciences through conferences, workshops and publications.

Directors

The directors shown below have held office during the whole of the period from 1 April 2016 to the date of this report:

Dr Keith Tolfrey FBASES • Prof M Duncan FBASES • Prof C Harwood FBASES • Mr A Hawkey

Other changes in directors holding office are as follows:

Dr R J Price OBE	resigned 26 April 2016
Mr P Cooke	resigned 29 November 2016
Prof C Williams OBE, FBASES	resigned 29 November 2016
Prof M Nevill	resigned 29 November 2016
Prof L McNaughton FBASES	resigned 29 November 2016
Mr A T Grainger	appointed 29 November 2016
Dr M Price	appointed 29 November 2016
Mr P A Scott	appointed 29 November 2016
Ms R Brougham	appointed 30 November 2016

Mr T Holden was appointed as a director after 31 March 2017 but prior to the date of this report.

Dr C L Hitchings FBASES ceased to be a director after 31 March 2017 but prior to the date of this report.

Company Information and Report of the Directors for the year ended 31 March 2017

Company objectives

The objects of the company are the promotion of research in sport and exercise sciences, the encouragement of evidence-based practice in sport and exercise sciences, the distribution of knowledge in sport and exercise sciences, the development and maintenance of high professional standards for those involved in sport and exercise sciences and the representation of the interests of sport and exercise sciences both nationally and internationally and the company is a 'not for profit' organisation.

Statement of directors' responsibilities

The directors are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

On behalf of the Board:

**Dr K Tolfrey FBASES - Director
Chair**
12 October 2017





Income and Expenditure Account for the year ended 31 March 2017 and 31 March 2016

		2017	2016
	Notes	£	£
Income	3	326,069	383,619
Expenditure		<u>101,143</u>	<u>155,496</u>
Gross surplus		224,926	228,123
Office expenses		<u>188,714</u>	<u>149,088</u>
Operating surplus		36,212	79,035
Interest receivable and similar income		<u>61</u>	<u>80</u>
Surplus before taxation		36,273	79,115
Tax on surplus		-	-
Surplus for the financial year		<u>36,273</u>	<u>79,115</u>

Balance Sheet at 31 March 2017 and 31 March 2016

		2017		2016	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	5	1,223		1,141	
Current assets					
Debtors	6	90,776		199,024	
Cash at bank and in hand		<u>381,675</u>		<u>241,878</u>	
		472,451		440,902	
Creditors					
Amounts falling due within one year	7	<u>126,704</u>		<u>131,346</u>	
Net current assets		345,747		309,556	
Total assets less current liabilities		<u>346,970</u>		<u>310,697</u>	
Reserves					
Income and expenditure account		<u>346,970</u>		<u>310,697</u>	
		<u>346,970</u>		<u>310,697</u>	

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2017.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2017 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 12 October 2017 and were signed on its behalf by:

**Dr K Tolfrey FBASES - Director
Chair**





Statement of Changes in Equity for the year ended 31 March 2017

	Retained earnings	Total equity
	£	£
Balance at 1 April 2015	231,582	231,582
Changes in equity		
Total comprehensive income	<u>79,115</u>	<u>79,115</u>
Balance at 31 March 2016	<u>310,697</u>	<u>310,697</u>
Changes in equity		
Total comprehensive income	<u>36,273</u>	<u>36,273</u>
Balance at 31 March 2017	<u><u>346,970</u></u>	<u><u>346,970</u></u>

Notes to the Financial Statements for the year ended 31 March 2017

1. Statutory information

The British Association of Sport and Exercise Sciences is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. Accounting policies

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in UK and Republic of Ireland" and the Companies Act 2006 as applicable to companies subject to the small companies regime. The disclosure requirements of section 1A of FRS 102 have been applied other than where additional disclosure is required to show a true and fair view.

The financial statements have been prepared under the historical cost convention.

This is the first year in which the financial statements have been prepared under FRS 102. Refer to note 11 below for an explanation of the transition.

The functional and presentational currency of the company is considered to be pounds sterling.

Turnover

Membership fees are recognised in the income and expenditure account over the period of membership.

All other income is recognised as it is earned and the company has obtained the right to the consideration.

Tangible Fixed Assets

Tangible fixed assets are stated at purchase cost together with any incidental expenses of acquisition, net of depreciation and any provision for impairment.

Depreciation is provided on all tangible assets at rates calculated to write off the cost less estimated residual value of each asset on a straight line basis over its expected useful life.

Fixtures and fittings - 10% on cost
Computer equipment - 10% and 50% on cost

Residual value represents the estimated amount which would currently be obtained from disposal of an asset after deducting estimated costs of disposal, if the asset were already at an age and in the condition expected at the end of its estimated useful life.

The need for any fixed asset impairment write down is assessed by comparison of the carrying value of the assets against the higher of realisable value and value in use.

The gain or loss arising on the disposal of an asset is determined on the difference between the sale proceeds and the carrying value of the asset, and is recognised in the profit and loss account.



Notes to the Financial Statements for the year ended 31 March 2017

2. Accounting policies (continued)

Financial Instruments

Financial assets and financial liabilities are recognised when the company becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit and loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

The following assets and liabilities are classified as basic financial instruments - trade debtors, other debtors, cash and bank balances, trade creditors and other creditors.

Trade debtors, other debtors, cash and bank balances, trade creditors and other creditors are measured at the amortised cost equivalent

Taxation

As the company's activities are undertaken not with a view to realising a profit but to advance the promotion of research into sports sciences and the other objectives set out in the Directors' Report, HMRC have agreed that only the company's other income is subject to corporation tax.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

Impairment of assets

Assets, other than those measured at fair value, are assessed for indicators of impairment at each balance sheet date. If there is objective evidence of impairment, an impairment loss is recognised in profit and loss as described below.

Non financial assets

An asset is impaired when there is objective evidence that, as a result of one or more events that occurred after initial recognition, the estimated recoverable value of the asset has been reduced. The recoverable amount of an asset is the higher of its fair value less costs to sell and its value in use.

Financial assets

For financial assets carried at cost less impairment, the impairment loss is the difference between the asset's carrying amount and the best estimate of the amount that would be received for the asset if it were sold at the reporting date.

Where indicators exist for a decrease in impairment loss, and the decrease can be related objectively to an event occurring after the impairment was recognised, the prior impairment loss is tested to determine reversal. An impairment loss is reversed on an individual impaired financial asset to the extent that the revised recoverable value does not lead to a revised carrying amount higher than the carrying value had the impairment loss not been recognised.

Notes to the Financial Statements for the year ended 31 March 2017

3. Income

The company's income is mainly derived from membership fees. This income is recognised in the income and expenditure account so as to match the costs as and when they are incurred.

Membership fees	2017	2016	2015
	£	£	£
Deferred income b/fwd	53,251	53,529	52,716
Receipts in the year	146,778	131,902	137,383
Deferred income c/fwd	(62,003)	(53,251)	(53,529)
Income per accounts	138,026	132,180	136,570

4. Employees and Directors

The average number of employees during the year was 6 (2016 - 5).

5. Tangible fixed assets

	Fixtures, fittings and computer equipment
	£
Cost	
At 1 April 2016	28,842
Additions	554
Disposal	(1,308)
At 31 March 2017	28,088
Depreciation	
At 1 April 2016	27,701
Charge for year	472
Eliminated on disposal	(1,308)
At 31 March 2017	26,865
Net book value	
At 31 March 2017	1,223
At 31 March 2016	1,141

6. Debtors: amounts falling due within one year

	2017	2016
	£	£
Trade debtors	25,051	161,335
Prepayments and accrued income	65,725	37,689
	90,776	199,024



Notes to the Financial Statements for the year ended 31 March 2017

7. Creditors: amounts falling due within one year

	2017	2016
	£	£
Trade creditors	1,120	3,710
Social security and other taxes	9,148	22,413
Other creditors	3,910	2,135
Accruals and deferred income	112,526	103,088
	<u>126,704</u>	<u>131,346</u>

9. Capital

The Company is limited by guarantee and has no share capital. The liability of the members in the event of a winding up is limited to £1 per member.

10. First year adoption

This is the first year that the Company has presented its financial statements under Financial Reporting Standard 102 (FRS 102) issued by the Financial Reporting Council. The last financial statements prepared under the previous UK GAAP were for the year ended 31 March 2016 and the date of transition was therefore 1 April 2015. As a consequence of adopting FRS 102 the Directors are of the opinion that no changes need to be made upon transition to this accounting standard as the effect of any changes are not material

Chartered Accountants' Report to the Board of Directors on the Unaudited Financial Statements of The British Association of Sport and Exercise Sciences

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of The British Association of Sport and Exercise Sciences for the year ended 31 March 2017 which comprise the Income and Expenditure Account, Balance Sheet, and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed within the ICAEW's regulations and guidance at <http://www.icaew.com/en/membership/regulations-standards-and-guidance>.

This report is made solely to the Board of Directors of The British Association of Sport and Exercise Sciences, as a body, in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of The British Association of Sport and Exercise Sciences and state those matters that we have agreed to state to the Board of Directors of The British Association of Sport and Exercise Sciences, as a body, in this report in accordance with ICAEW Technical Release 07/16AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than The British Association of Sport and Exercise Sciences Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that The British Association of Sport and Exercise Sciences has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of The British Association of Sport and Exercise Sciences. You consider that The British Association of Sport and Exercise Sciences is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of The British Association of Sport and Exercise Sciences. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Kirk Newsholme,
Chartered Accountants, 4
315 Park Approach,
Thorpe Park,
Leeds,
West Yorkshire,
LS15 8GB.

Date: 12 October 2017





Detailed Income and Expenditure Account for the years ended 31 March 2017 and 31 March 2016

	2017		2016	
	£	£	£	£
Income				
Membership	138,026		132,180	
Job advertising	37,273		35,087	
The Sport and Exercise Scientist	17,284		19,347	
Workshops	29,315		15,850	
Conferences	24,575		102,404	
Sponsorship	11,000		10,500	
Course finder	4,367		5,400	
BASES Undergraduate Endorsement Scheme	7,032		6,325	
Accreditation	14,072		17,748	
Supervised experience	10,680		5,480	
<i>Journal of Sports Sciences</i>	27,121		23,670	
Publications and other	2,569		458	
Chartered Scientist - administration fee	1,920		2,545	
External Grant	565		500	
		326,069		383,619
Expenditure				
The Sport and Exercise Scientist	20,894		17,444	
Workshops	19,463		10,339	
Conferences	16,662		85,926	
BASES Undergraduate Endorsement Scheme	900		550	
Accreditation	5,607		5,878	
Supervised experience	3,004		2,032	
Consultancy	5,752		2,636	
Conference grants	3,326		1,500	
Expert statement grants	2,131		4,003	
Awards	114		999	
Heads of Department Forum	2,946		2,782	
Public relations and marketing	7,078		3,986	
External grant	565		6,625	
Meetings and travel	12,701		10,796	
		101,143		155,496
Gross surplus		224,926		228,123
Other income				
Deposit account interest		61		80
		224,987		228,203

Detailed Income and Expenditure Account for the years ended 31 March 2017 and 31 March 2016

	2017		2016	
	£	£	£	£
Office expenses				
Rent and utilities	3,650		3,650	
Directors' salaries	39,772		39,069	
Directors' social security	4,369		3,913	
Directors' pensions	1,887		1,824	
Salaries and National Insurance	96,469		69,426	
Pensions	2,482		3,335	
Telephone and internet	4,756		3,676	
Printing, postage and stationery	3,705		2,741	
Computer support and maintenance	4,922		4,332	
Insurance	837		651	
Sundry expenses	1,244		1,237	
Subscriptions	3,730		2,375	
Training and development	1,319		-	
Legal, professional and accountancy	11,481		10,180	
Website development	-		728	
Irrecoverable VAT	3,132		(1,450)	
		183,755		145,687
		41,232		82,516
Finance costs				
Bank charges		4,487		3,072
		36,745		79,444
Depreciation				
Fixtures and fittings	30		18	
Computer software and equipment	442		311	
		472		329
Net surplus		36,273		79,115





Awards and Grants

The Association awarded a number of awards and grants to its members.

Annual Awards

Prof Tom Reilly Doctoral Dissertation of the Year Award sponsored by Routledge

Dr Mark Faghy, University of Derby

BASES Masters Dissertation of the Year Award

Ryan Marshall, University of Sunderland

BASES Undergraduate Dissertation of the Year Award

Lewis Clarke, Northumbria University

Annual Conference Awards

Free Communication Presentation Award

Dr Costas Karageorghis, Brunel University

Recently Qualified Researcher Free Communication Presentation Award

Dr Sarah Gilchrist, EIS

Poster Presentation Award

Prof Mike Duncan, Coventry University

Student Free Communication Presentation Award

Francesca Champ, Liverpool John Moore's University

Student Conference Awards

Undergraduate Free Communication Presentation Award

Libby Mitchell, Swansea University

Undergraduate Poster Presentation Award

Jake Kemp, Northumbria University

Postgraduate Free Communication Presentation Award

Rachael Champion, University of Bedfordshire

Postgraduate Poster Presentation Award

Jack Talbot, Cardiff Metropolitan University

BASES International Conference Grants

Dr Alun Williams, Manchester Metropolitan University

Dr Costas Karageorghis, Brunel University

Prof Glyn Howatson, Northumbria University

Dr Tracey Devonport, University of Wolverhampton.

BASES Undergraduate Endorsed Courses

Aberystwyth University • Anglia Ruskin University • Bucks New University • Cardiff Metropolitan University
Coventry University Edge Hill University • Leeds Beckett University • Liverpool John Moores University
Oxford Brookes University • Manchester Metropolitan University • Newman University College
Northumbria University • Sheffield Hallam University • Southampton Solent University
St Mary's University College • Swansea University • University of Bedfordshire • University of Birmingham
University of Bolton • University of Brighton • University of Central Lancashire • University of Chester
University of Chichester • University of Derby • University of Edinburgh • University of Gloucestershire
University of Hertfordshire • University of Huddersfield • University of Portsmouth
University College Plymouth St Mark & St John • University of Salford • University of Sunderland
University of Staffordshire • University of South Wales • University of Ulster • University of Winchester
University of Wolverhampton • University of Worcester • York St John University.

Fellows of the Association

BASES fellowships recognise esteemed professional achievement, skills, knowledge and service to BASES and the sport and exercise science community. The following individuals have been awarded BASES fellowships:

1993	Prof Craig Sharp
1994	Prof Les Burwitz • Prof Lew Hardy • Prof Tom Reilly • Prof Clyde Williams OBE
1997	Prof John Annett • Prof Neil Armstrong • Prof Tudor Hale
1998	Prof Roger Bartlett • Prof Steve Bird • Dr Steve Bull • Prof Ken Fox • Prof Don MacLaren Dr Sarah Rowell • Prof Neil Spurway • Dr Jean Whitehead • Prof Edward Winter Prof Fred Yeadon
1999	Prof Stuart Biddle • Prof Dave Kerwin • Prof Adrian Lees
2000	Prof Jo Doust • Prof Roger Eston • Prof Jim Watkins
2001	Dr Jan Graydon • Prof Adrienne Hardman • Prof Nanette Mutrie MBE Associate Prof Gaynor Parfitt • Prof Peter Terry
2002	Prof Andy Jones • Prof Andy Smith MBE • Prof Adrian Taylor • Dr Sandy Wolfson
2004	Prof Ian Maynard
2008	Prof Tom Mercer • Prof Craig A Williams
2009	Prof Richard Davison • Prof John Saxton • Prof Kevin Thompson
2010	Prof Celia Brackenridge • Prof John Buckley • Prof Dave Collins • Prof Carlton Cooke Dr Jason Gill • Prof Michael Gleeson • Dr Richard Godfrey • Dr Brian Hemmings Dr Costas Karageorghis • Prof Andy Lane • Prof Craig Mahoney • Prof Alison McConnell Prof Marie Murphy • Prof Richard Tong • Dr Ken van Someren • Prof Greg Whyte OBE
2011	Prof Keith George • Dr Nigel Gleeson • Dr Chris Harwood • Dr Tim Holder • Dr Zoe Knowles Dr Kevin Lamb • Prof Lars McNaughton • Prof Joanna Scurr • Prof Martin Sellens Prof Gareth Stratton • Dr Richard Thelwell • Dr Keith Tolfrey • Prof Vicky Tolfrey
2012	Prof Michael Duncan • Prof Glyn Howatson • Dr Joanne Hudson • Dr Andrew Miles Dr Michael Price • Dr Roger Ramsbottom • Dr Lee Romer • Dr Aki Salo • Dr Rhys Thatcher
2013	Prof A Mark Williams
2014	Dr Brendan Copley • Dr Phil Graham-Smith • Dr Stephen Ingham • Dr Dominic Micklewright
2015	Prof Susan Backhouse • Prof Bill Baltzopoulos • Dr Gary Brickley • Dr David Broom Prof Graeme Close • Dr Tracey Devonport • Dr Lance Daggart • Dr Emma Ross
2016	Dr Stuart Beattie • Prof Colin Boreham • Dr Peter Brown • Prof Ian Campbell Dr Stewart Cotterill • Dr Claire Hitchings • Prof Louis Passfield • Dr Charles Pedlar Dr Paul Smith • Prof Keith Stokes
2017	Dr Grant Abt • Dr Lisa Board • Dr Val Cox • Dr Kevin Currell Dr Caroline Sunderland • Prof Craig Twist

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