



The British Association of Sport and Exercise Sciences
ANNUAL REPORT 2004–2005



www.bases.org.uk

The British Association of Sport and Exercise Sciences

Promoting excellence in sport and exercise sciences

The British Association of Sport and Exercise Sciences (BASES) is the UK professional body for all those with an interest in the science of sport and exercise.

Our Mission | Promoting excellence in sport and exercise sciences.

Our Vision | The professional body leading excellence in sport and exercise sciences through evidence based practice.

Objectives of BASES

The Association's objectives are:

- the promotion of research in sport and exercise sciences
- the encouragement of evidence-based practice in sport and exercise sciences
- the distribution of knowledge in sport and exercise sciences
- the development and maintenance of high professional standards for those involved in sport and exercise sciences
- the representation of the interests of sport and exercise sciences nationally and internationally.

Front cover photographs | Courtesy of Sue Jepson, English Institute of Sport and Dr Rhys Thatcher.

Committees 2004-2005

BASES Strategic Management Team

Chair | Prof Craig Mahoney

Secretary | Prof Edward Winter

Treasurer | Dr Richard Davison

Executive Officer | Dr Claire Palmer

Special Committee Chairs

Exercise Science Special Committee Chair | Dr John Buckley

Sport Science Special Committee Chair | Dr Kevin Thompson

Section Chairs

Biomechanics Section Chair | Dr Neil Fowler

Interdisciplinary Section Chair | Paul Boyle

Physiology Section Chair | Dr Paul Bromley

Psychology Section Chair | Dr Daniel Weigand

Central Office Staff

Executive Officer | Dr Claire Palmer

Office Manager | Jane Bairstow



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The Strategic Management Team Report



Prof Craig Mahoney



Prof Edward Winter



Dr Richard Davison



Dr Claire Palmer

“BASES has made significant improvements in terms of its infrastructure, systems and strategies to ensure that it is able to deliver core areas of business and its mission in the most effective manner.”

The Strategic Management Team (SMT) has pleasure in presenting its report and the financial statements of the British Association of Sport and Exercise Sciences (BASES) for the year ended 31 March 2005. The Association's principal activities during the year were to modernise and re-structure. The SMT is pleased to report a surplus of income over expenditure of £51,570 for the year.

In this period, BASES has gone through significant positive change and has made a substantial number of important achievements. Since its formation, the SMT has adopted the philosophy that, 'If you don't like change, you're going to like irrelevance even less.' (General Eric Shinseki). The SMT recognises that for BASES to be successful it needs to address the expectations of stakeholders by understanding who those stakeholders are and have the ability to respond to their differing needs.

The SMT took office in October 2004 when BASES held its first ever Extraordinary General Meeting (EGM). At the EGM it was unanimously voted to accept the proposal submitted by the Executive Committee to restructure the management of BASES by establishing two groups, a SMT and a Council, to replace the existing Executive Committee. The streamlined strategically focused SMT comprises the Executive Officer, Chair, Secretary and Treasurer. The role of the SMT involves strategic management, representing the interests of BASES, decision-making, etc. The role of the Council will be to advise and support the SMT in line with the Association's mission and corporate plan. It will comprise chairs and representatives from the other main BASES committees to ensure a holistic approach. The decision to form a SMT is a major step forward for BASES in ensuring that it has the ability both to make effective decisions promptly and respond rapidly to stakeholder needs.

One of the main focuses of the SMT has been to improve the financial stability of the Association. In February 2004, the financial projections indicated a significant deficit of income over expenditure that threatened the financial stability of BASES. As a result, a business plan was developed and its implementation has resulted in a turnaround from a £34,199 deficit in 2004 to a £51,570 surplus for this period. Despite the financial improvement of the Association, continued efforts must be made to ensure year-on-year increases to the reserves funds. This will achieve greater financial stability and allow reinvestment into the Association in the longer term.

Undoubtedly of greatest significance to the Association was the decision to restructure and form three Divisions in the areas of Sport and Performance; Physical Activity for Health; and Learning and Teaching (Education and Professional Development). The decision was taken at the Association's second EGM held in February 2005. BASES needs to be able to respond innovatively to a changing and highly competitive environment and as such, it is the belief of the SMT and BASES members that by changing the sub-systems of the Association to mirror more closely external factors, BASES will improve the link between service function and the needs of customers, and attract more members. There appears to be a strong belief that the new structure will enable members to achieve what could not be efficiently accomplished previously.

The restructure means that of September 2005, the four sections of BASES (Biomechanics, Interdisciplinary, Physiology and Psychology) will be dissolved. However, it is envisaged that the section-based approach to supervised experience and accreditation will remain, but in the form of different pathways. This will enable the development, as appropriate,

of 'pathways' for accreditation of sport and exercise scientists. For instance, the working party for the formation of the BASES Division of Education and Professional Development (Learning and Teaching) has already discussed the development of an accreditation pathway for those specialising in learning and teaching of sport and exercise sciences. BASES is also in the process of reviewing, amending and standardising documentation used for the supervised experience and accreditation processes of the Association. In addition, progress has been made in the development of a specialised accreditation pathway in High Performance Sport. When these changes have been made, BASES will seek Science Council membership and Chartered Scientist Licensed Body status.

To facilitate a smooth transition from the Section structure to the Division structure, two of the Divisions will be able to use existing committees as platforms. Specifically, the BASES Division of Physical Activity for Health will build on the work already achieved by the Exercise Science Special Committee; most noticeably progress in the development of a new strand of accreditation for the exercise science practitioner. The BASES Division of Sport and Performance is well placed to continue the work of the Sport Science Special Committee, which has formed strong links with UK Sport and the Home Country Sports Institutes to develop an accreditation system for those working in the High Performance System. BASES remains grateful for the £20,000 UK Sport grant to assist in its modernisation programme.

The new structural framework will ensure that each Division has a level of autonomy, and is responsible for meeting its members' needs, but will also ensure that there is unity of effort among the various sub-systems and committees in the accomplishment of the Association's

goals. On-going work involves coordinating supervised experience and accreditation processes so ensuring parity across pathways that end-users' needs are fully met. Under the new structure Interest Groups will provide an active forum for focused discussion, activity and debate among BASES members and guests who share an interest in an identified area. It is imperative that members seek to form new Interest Groups and contribute to their functioning.

At the February 2005 EGM, BASES members also voted in support of another significant step forward for the Association. That is, to form BASES as a private company limited by guarantee and to govern BASES by a Memorandum and Articles of Association and Rules (rather than by the Constitution). As a consequence of the vote, BASES was incorporated under the Companies Act 1985 as a private limited company in March 2005. The main advantage of this development is that as a limited company BASES has limited liability, meaning that if the Association ever ceases to operate, it will be required to pay only what it has already paid or agreed to pay towards settling its debts. The only liability is for fraud and for recklessness and incompetence which has jeopardised the interest of the creditors.

As part of the development of this proposal, it was timely to review the Constitution as it is important that the Association is sufficiently flexible to operate promptly in the best interests of members. The Memorandum and Articles of Association broadly sets out the objectives for which the company is formed and the regulations governing the company's internal affairs, whilst the Rules contain more detailed information. The SMT has the power to make regulations on any points not specifically catered for by the Rules or to make

alterations to the Rules, provided such new regulations or alterations are reported at the next available quorate general meeting.

In May 2005, as part of its modernisation programme, BASES moved its Head Office to the Headingley Campus at Leeds Metropolitan University. The surroundings and support structures of the University have added to the further development of the Association in this time of restructuring. BASES has also focused on improving its methods of receipt for payments and can now accept Visa, Mastercard, Solo and Maestro card payments and has been successfully registered on BACS Payment Service, so allowing payments via Direct Debit.

The SMT has a philosophy that centres on satisfying members, ensuring that BASES offers membership services that are attractive and competitive with those offered by similar associations. In April 2005, a new membership package was introduced to add value to membership, which includes on-line access to the *Journal of Sports Sciences* and *Human Kinetics* journals. This improved membership package was linked to an increase in membership fees for the first time in five years, bringing the Association's membership in line with that of most equivalent professional membership associations. In September 2005, the Association also improved its official quarterly publication by launching *The Sport and Exercise Scientist*. The venture has successfully achieved its three goals: meeting members' continuing professional development needs, building the Association's brand and enhancing cost-effectiveness of production.

The major facelift of the BASES website, www.bases.org.uk continued, with a focus on the Member Area. An external examiner finder was

added, listing 60 BASES members who can assist with external examining or course approval. A selected number of *Journal of Sports Sciences* editorials and PDF versions of *The Sport and Exercise Scientist* are also now contained in the Member Area. The weekly e-mail newsletter has continued to develop and aims to keep members up-to-date with things happening in BASES and sport and exercise sciences, information on upcoming events and latest job vacancies. BASES also launched a Course Finder, listing sport and exercise science-related undergraduate and postgraduate courses in the UK. Abstract submission to both the 2005 BASES Annual Student Conference and the 2005 BASES Annual Conference was on-line and this venture was supported by Taylor & Francis. In addition, voting of elected officers was on-line, which ensured that a previous problem of void voting was eliminated.

The Association has also used its expertise to deliver some high value events. Of particular note was the 2005 BASES Annual Student Conference with over 140 delegates from 32 institutions around the UK, providing a friendly and supportive environment that facilitated open communication. The 2004 BASES Annual Conference proved to be a great success on many levels, with a programme underpinned by an array of internationally renowned keynote and invited speakers and 69 open papers and 80 poster presentations divided amongst the respective Sections of BASES. BASES also held its second successful Heads of Department Forum at the University of Gloucestershire in April 2005. The event was well attended with over 45 Heads of Department and there was unanimous consensus that the event provided unique opportunities to meet colleagues, exchange views and perspectives and address key issues.

The BASES Undergraduate Endorsement Scheme (BUES) has been recently launched and endorsement will be awarded to sport and

exercise science-related courses that provide undergraduates with the opportunity to develop knowledge and skills that BASES considers essential to enter sport and exercise science-related professions. The benefits of gaining endorsement from the lead UK professional body in sport and exercise sciences are widespread. Most importantly, graduating students will be better prepared to enter into related professions. BUES will also be an invaluable resource, in addition to QAA subject benchmark statements, for departments who are validating, revalidating or reviewing sport and exercise science-related courses.

Another important initiative that BASES has been involved in is the development of a Sport and Exercise Nutrition Register (SENr). BASES is working with the Nutrition Society, the British Dietetics Association, Dietitians in Sport and Exercise Nutrition (DISEN) and UK Sport to develop an accreditation scheme for sport and exercise nutritionists. The target date for completion is autumn 2005.

BASES has made significant improvements in terms of its infrastructure, systems and strategies to ensure that it is able to deliver core areas of business and its mission in the most effective manner. The SMT looks forward to maintaining the momentum in the forthcoming year and ensuring that BASES continues to thrive as the widely recognised lead professional body for those with an interest in the science of sport and exercise.

Prof Craig Mahoney, Chair
Dr Claire Palmer, Executive Officer
Prof Edward Winter, Honorary Secretary
Dr Richard Davidson, Honorary Treasurer

Statement of the Strategic Management Team Responsible in Respect of the Accounts

The Strategic Management Team (SMT) is responsible for the preparation of accounts for each financial year, which give a true and fair view of the state of affairs of the Association and of its surplus of income over expenditure for that year.

In preparing those accounts, the SMT is required to:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Association will continue in business.

The SMT is responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the Association. They are also responsible for safeguarding the assets of the Association and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the auditors to the members of BASES

We have audited the accounts on pages 7 and 8 which have been prepared under the historical cost convention.

Respective responsibilities of the SMT and auditors

As described above the SMT is responsible for the preparation of the accounts. It is our responsibility to form an independent opinion, based on our audit, on those accounts and to report our opinion to you.

Basis of opinion

We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the accounts.

It also includes an assessment of the significant estimates and judgements made by the SMT in the preparation of the accounts, and of whether the accounting policies are appropriate to the Association's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the accounts are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the accounts.

We have also examined the books and records of BASES and the statements of actual gross income and expenditure for each programme of activity.

Opinion

In our opinion the accounts give a true and fair view of the state of affairs of the Association at 31 March 2005 and of its surplus of income over expenditure for the year then ended and the UK Sport grant has been fully expended in accordance with the terms of the offer and any specific financial conditions attached to it.

Kirk Newsholme

Registered Auditors

Richmond House, 16 Blenheim Terrace, Leeds, LS2 9HN.

Income and Expenditure Account

Year Ended March 2005

	2005	2004	Change
	£	£	£
INCOME			
Membership	85,302	68,258	17,044
UK Sport grant	20,000	20,000	-
Advertising	39,366	23,386	15,980
Workshop income	18,345	16,290	2,055
The SES advertising	17,240	-	17,240
JSS royalties	9,095	8,499	596
Course Finder	8,025	-	8,025
Accreditation/SE fees	7,150	6,090	1,060
Annual Conference	2,000	-	2,000
Publications	1,161	1,729	-568
Contracts	1,524	3,250	-1,726
Other conferences	1,000	800	200
Bank interest	797	261	536
BASEM		5,256	-5,256
Total Income	211,005	153,819	57,186

These financial statements were approved by the SMT on 16 June 2005, and are signed on its behalf by:



Prof Craig Mahoney,
Chair

	2005	2004	Change
	£	£	£
EXPENDITURE			
Salaries/pension etc.	59,173	60,299	-1,126
Newsletter & annual report	23,197	34,515	-11,318
Office expenses/IT	19,900	35,851	15,951
Workshop expenses	15,026	14,933	93
Meeting expenses and travel	11,309	10,198	1,111
Bookkeeping	4,295	3,999	296
Accreditation/SE costs	4,216	3,000	1,216
Contracts	3,976	3,870	106
Website/computers	2,840	947	1,893
Conference expenses	2,708	2,147	561
Audit/legal fees etc.	2,255	3,977	-1,722
Course Finder	1,335	-	1,335
BASEM	611	90	521
Sundry expenses	606	1,051	445
Staff training	264	170	94
Subscriptions	81	2,285	-2,204
Bad debt	100	-74	174
Irrecoverable VAT	3,324	7,391	-4,067
Bank charges	818	819	-1
Depreciation	3,401	2,550	851
Total Expenditure	159,435	188,018	-28,583
Net Surplus/Deficit of income over expenditure	51,570	-34,199	

Notes to the Income and Expenditure Account

I. INCOME

Income in this period was increased from 2004 by over £57,000.

UK Sport Grant

The UK Sport grant for specific targets and outcomes agreed between BASES and UK Sport will not be awarded for 2005-06. BASES has, however, received a UK Sport grant of £20,000 to support the creation of education programmes to encourage professional development amongst sports practitioners.

Advertising

Advertising does not include advertising in *The Sport and Exercise Scientist (The SES)*, which is itemised separately as the aim is for *The SES* to be self-financing. The main source of advertising income is from advertising job vacancies on the BASES website, www.bases.org.uk

TSES Advertising

This figure is for three issues of *The SES* (September 2004, December 2004 and March 2005), so ensuring the publication is self-financing.

Course Finder

In September 2004, BASES launched a Course Finder listing undergraduate and postgraduate sport and exercise science-related courses.

Accreditation/SE fees

All core activities of the Association (e.g., supervised experience and accreditation) were audited with the intention that they become self-financing and that the costs are borne by those members deriving benefit from such activities. Supervised experience fees were introduced in October 2004 to ensure that the reviewing of supervised experience application forms is self-financing.

BASEM

In 2004, BASEM terminated its contract with BASES to employ a part-time administrator, dividing the time for work equally between BASES and BASEM.

2. EXPENDITURE

Expenditure in this period was reduced from 2004 by over £28,000. Over the last two years BASES has managed to reduce expenditure by more than £81,000 and while the Association continues to keep expenditure to a minimum, it is unlikely that BASES will be able to achieve significant further savings.

Newsletter and annual report

In September 2004, *The SES* replaced *BASES World*, which had an annual expenditure of over £30,000. The aim that the new publication became self-financing was achieved for the first three issues. However, this self-financing is not apparent in the income and expenditure account as the period includes the June 2004 issue of *BASES World* and only three issues of *The SES* (September 2004, December 2004 and March 2005).

Office Expenses

In this period, office expenses were reduced by £15,000. Most of this saving was due to the replacement of paper-based correspondence to members with a weekly e-mail newsletter.

Exercise Science Report

This report focuses mainly on proposals and drafts that link with the aim of BASES to expand its boundaries in the world of sport and exercise. It is hoped that the reports in future of the BASES Division of Physical Activity for Health will contain the subsequent achievements of this groundwork.

Obviously, the area of physical activity in health is huge and BASES should be involved at many levels. The overall aim is to ensure that both the general public and the individual client/patient receives the best information, care and advice whenever physical activity is being promoted or offered. Following the two EGMs in this period, there will be a Division of Physical Activity for Health within the new structure of BASES. The Association, through this new Division, will continue to be involved in advisory committees of large national organisations such as the National Heart Forum, the National Obesity Forum, and most recently a stakeholder in the new guidelines on physical activity being developed by the National Institute for Health and Clinical Excellence (NICE).

At the most recent BASES meeting, which focused on the development of the three new structural Divisions, the Physical Activity for Health representatives decided on three subgroup strands:

- BASES and its involvement in broad issues related to public health policy
- Standards of professional practice for individual sport and exercise scientists working in health and rehabilitation settings
- BASES membership services; ensuring that members receive benefits relevant to their needs both academically and professionally at all levels of membership.

Work in progress continues to involve the development of a new strand of accreditation for the exercise science practitioner. On this front, good progress has been made with Skills Active and The Register



COURTESY OF DAVID SINCLAIR

of Exercise Professionals to link the vocational aspects required for accreditation to meet national standards (e.g., Exercise Referral). Directly related to this have been initial talks with the Department of Health.

Through this work, it is aimed that these and other national organisations will at least recommend to employers (public and private) wishing to hire an individual with a sport and exercise science degree, that the individual should be BASES accredited. BASES accreditation then becomes a relevant and quality assured standard that accommodates the wide variety of courses being offered in our field. The standard in essence is that an accredited individual is 'appropriately' knowledgeable, skilled and competent to manage the physiological and psycho-social abilities/limitations of a given client or client group. The members' continued support of the above initiatives is greatly appreciated.

Dr John Buckley
Chair of the Exercise Science Special Committee

Sport Science Report

Over recent years the development of UK Sport, the Home Country Sports Institutes (HCSIs) and national governing body sports science teams has begun to define the High Performance System (HPS). In Issue 1, September 2004 of *The Sport and Exercise Scientist*, Scott Walker explained how UK Sports' Medicine and Sports Science programme 2005-2009 intended to optimise the delivery of support services and reflect the needs of the performance athlete through system and people development. Among the outcomes outlined in the article, one indicated an intention to provide professional bodies, such as BASES, with a greater scope of activity within the HPS. Obvious areas where BASES would play a role were in the Inter-Professional Forum and as the professional body accrediting sport scientists.

A positive response to the UK Sport plan appeared in Issue 2, December 2005 of *The Sport and Exercise Scientist*. As part of the restructure of BASES, the Association should begin to play a more fundamental role in helping UK Sport achieve its outcomes in terms of the accreditation and continuing education of sports scientists. BASES needs to ensure it utilises opportunities provided by UK Sport to further develop applied scientific support strands at the BASES Annual Conference and liaise closely with UK Sport to see how educational and CPD initiatives might complement and add value rather than duplicate or compete with one another.

The BASES accreditation scheme is critical for the quality assurance of sports scientists who are increasingly being employed in World Class funded programmes, HCSIs, professional sports, new athlete support schemes (TASS, 2012) and at other levels of sport. Currently, Drs Andy Miles and Sheldon Hanton are reviewing the accreditation schemes to reflect the changes in BASES structure, such as the creation of the



COURTESY OF DR VICKY TOLFREY

BASES Division of Sport and Performance, as well as incorporating new accreditation procedures for first time and re-accreditation applicants. Finally, the pilot phase of the proposed World Class Guarantee scheme (WCGAS), a specialised pathway for those working with elite sportsmen and women, was completed in early 2005. Following the submission of a business case to UK Sport by BASES to further develop the scheme, UK Sport and the HCSIs have requested that BASES align the WCGAS with its existing tiered accreditation scheme and also broaden its appeal. For example, the scheme's name is likely to change (e.g., High Performance Accreditation) to better reflect its target population who may well work in elite sport but outside World Class funded programmes. It is hoped that initial documentation will be completed for the commencement of the new scheme to begin at the end of 2005.

Dr Kevin Thompson
Chair of the Sport Science Special Committee

The Inter-Professional Forum

The Inter-Professional Forum has met twice during the year, at Liverpool John Moores University in September 2004 and at UK Sport in April 2005. This frequency of meetings follows the original plan, and continues to work well. The Chairs of BASES and representatives from the British Association of Sport and Exercise Medicine (BASEM) and the Association of Chartered Physiotherapists in Sports Medicine (ACPSM) have attended each time. The mutual understanding and good relations that result are considerable, though unquantifiable, benefits. In addition, Scott Walker of UK Sport attended the September meeting as an observer, and was involved in part of the April one as well.

The presence of Scott Walker of UK Sport was central to this year's main developments, enabling the three professional groups to keep fully abreast of changes in UK Sport's strategy, and ensure that the contributions that they had each made, in separate consultations with the central body, were in harmony. The outcome looks promising, from the point of view not only of BASES, perhaps most among Forum members, but also of UK's sportspeople. Initiatives of 2-4 years ago, aimed at facilitating the maturation of young sports scientists into fully experienced workers with elite performers, have been built more firmly into the national system, giving greater scope for those who win selection for the training, and at the same time increased confidence that the sports science provision to UK's top athletes is becoming more soundly based and properly accredited.

Inter-Professional collaborations on the health-related side have so far been in terms of CPD, not national strategy, but they are not neglected.

Prof Neil Spurway
Chair of The Inter-Professional Forum



COURTESY OF ENGLISH INSTITUTE OF SPORT

The 2004 BASES Annual Conference

It was a great pleasure for Liverpool John Moores University to host the 2004 BASES Annual Conference. Having been formed in 1984, BASES celebrated its 20th anniversary, and appropriately the Conference was opened by Prof Les Burwitz, who provided both a historical presentation of the development of the Association and a platform from which to launch the Conference theme of 'Excellence in Health and Performance'.

The Conference proved to be a great success on many levels. Academically the programme was underpinned by an array of dynamic and internationally renowned keynote and invited speakers who provided challenging, invigorating and stimulating presentations that we hope inspired and energised delegates. These included addresses from Prof Melinda Manore, (Oregon State University) who gave an excellent overview of the Female Athletic Triad Syndrome and Prof Doug Seals (University of Colorado at Boulder), who presented an expansive collation of his team's work in bisecting the cardiovascular responses to exercise and training in older populations.

Prof Stuart Biddle gave a thought provoking presentation entitled, 'BASES and Exercise Psychology: A Coming of Age', which was a reflective and forward thinking address. The closing keynote address of the conference, by Prof Ben Levine from South Western Medical School at the University of Texas, was a review of the use of altitude training for maximising sea level performance. This provided an excellent overview of high altitude physiology in a very applied context.

These high profile events were supported by two keynote presentations from UK specialists. Dr Steve Harridge gave an excellent

“The Conference proved to be a great success on many levels.”

expose of the importance of various muscle genes and their expression for performance and health. Prof Nanette Mutrie provided a fascinating insight into emerging practice in the promotion of physical activity. Most of these keynote presentations provided the focus for invited lectures that followed and expanded on the key theme. For example, Prof Mark Williams and Dr Steve Olivier debated issues relating to practice and ethics in performance, and Profs David Goldspink and Ken Fox highlighted training induced adaptations in muscle with ageing and the importance of exercise for mental well-being respectively. The Biomechanics Section were treated to a series of lectures by invited UK specialists, that were very well received and dovetailed with the open papers. The conference programme also provided a significant focus for on-going research and included 69 open papers and 80 poster presentations divided amongst the respective Sections of BASES.

As well as providing delegates with an exciting conference programme, delegates enjoyed the varied and expansive networking and social opportunities that the Conference and indeed Liverpool provided. A civic reception at the Town Hall was held, followed by the conference banquet, the after dinner speaker being the Olympic medallist, Steve Parry.

Overall, it was extremely pleasing to view and be able to showcase the extensive range of research excellence that is prospering in sport and exercise sciences in the UK.

Prof Tim Cable
Chair of the Conference Organising Committee

The 2005 BASES Annual Student Conference

The 2005 BASES Annual Student Conference held at the University of Wales, Aberystwyth on the 31 March and 1 April 2005 was hailed as a great success. With over 140 delegates from 32 institutions from around the UK, the atmosphere was friendly and supportive, which facilitated open communication. The standard of student presentations was considered by all to be extremely high with 83 communications, 39 oral and 44 posters delivered by 30 postgraduate and 53 undergraduate students.

One aspect of the Conference that was particularly well received was the 'sport and exercise scientist analyses' sessions. A panel of some of the UK's leading sport and exercise scientists raised issues pertinent to either sporting events or specific populations with health concerns. Following the presentations, delegates were given the opportunity to either question the panel or raise issues from their own experiences. These sessions allowed a free exchange of ideas and facilitated a multidisciplinary discussion, which was not restricted to focused research topics.

Two parallel sessions focusing on 'careers in sport and exercise sciences' and 'learning and teaching issues in sport and exercise sciences' provided a forum for students and academic staff respectively. The careers forum focused on how students could best increase their chances of gaining the career they want. Opinions and advice were given by a panel of established and renowned individuals who work within the sport and exercise sciences setting. A main topic of discussion of the learning and teaching forum was the potential role of the new BASES Division of Education and Professional Development to facilitate the dissemination of good practice and encourage research into teaching the sport and exercise sciences.

“...a friendly environment that facilitated an open exchange of information and ideas.”

The number of first and second year sport and exercise science students in attendance was noticeable. When giving feedback many identified that the Conference presentations had given them some valuable insights into their own final year dissertations and inspired them to present their own work at the 2006 BASES Annual Student Conference to be held at Heriot Watt University.

Feedback from staff and students alike was very positive with a representative comment from Stefan Westphal of the University of Hertfordshire, 'It can be said that this was the highlight of the academic year, with both the hospitality and quality of work far exceeding expectations.'

Awards for best and runner-up places in both undergraduate and postgraduate were made for poster and oral presentations separately, with awards sponsored by BASES and Human Kinetics. Additional awards were made for the best applied research in both undergraduate and postgraduate categories, the sponsors for which were Cranlea & Company and the University of Wales, Aberystwyth.

Overall, a good time was had by all, with the two days providing the opportunity to meet sport and exercise scientists and fellow students in a friendly environment that facilitated an open exchange of information and ideas.

Dr Rhys Thatcher
Chair of the Conference Organising Committee

BASES Awards 2004-2005

The 2004 BASES Annual Conference Awards

Phillip Reid Memorial Award 2004 (Sponsored by Taylor and Francis)

Tracey Devonport, University of Wolverhampton
Stress and coping in elite junior netball.

Sportspages Student Awards (Sponsored by Sportspages)

Marianne Gittoes, University of Bath
Wobbling and rigid mass coupling in human impact landings.

Daryl Wilkerson, Manchester Metropolitan University
Muscle oxygenation and pulmonary gas exchange on kinetics in cycle exercise.

David Marchant, University of Hull
Influence of attentional focusing strategies on novice dart throwing performance.

Jon Oliver, University of Exeter
The reliability and validity of running tests of repeated sprint ability.

Sportesse Award for Sport Science (Sponsored by Sportesse)

Sharon Dixon, University of Exeter
Variation in joint flexion range of motion during 12 weeks of marathon training.

Sportesse Award for Exercise Science (Sponsored by Sportesse)

Dr Keith George, Liverpool John Moores University
Preload independent assessment of segmental and global left ventricular diastolic filling by tissue dopler after prolonged exercise.

Undergraduate Student Dissertation Award

BASES Honorary Fellows Undergraduate Dissertation Award
(Sponsored by BASES Honorary Fellows)

Tom Loney, University of Bath
Effect of Exercise and bright light on sub-syndromal seasonal affective disorder.

The 2005 BASES Annual Student Conference Awards

- Rachel Axford, University of Wales, Aberystwyth (Sponsored by BASES)
- Andrea Livesey, Manchester Metropolitan University (Sponsored by BASES)
- Patrick Cangle, Kingston University (Sponsored by BASES)
- Matthew Lloyd, University of Portsmouth (Sponsored by BASES)
- Melissa Day, University of Wales, Aberystwyth (Sponsored by Human Kinetics)
- Peter Brown, University of Wales Institute Cardiff (Sponsored by Human Kinetics)
- Kathryn Spaul, Liverpool John Moores University (Sponsored by Human Kinetics)
- Jane Leask, Heriot-Watt University (Sponsored by Human Kinetics)
- Jennie Killilea, Liverpool John Moores University (Sponsored by Cranlea)
- Richard Medcalf, University College Worcester (Sponsored by the University of Wales, Aberystwyth).

Education and Training Committee

The Education and Training Committee welcomed Nick Ward as the new Interdisciplinary Section representative, who joined the existing team of Allison Dyer (Psychology), Dr Richard Godfrey (Physiology), Dr Richard Tong (Higher Education Academy), Dr Claire Palmer and myself (Biomechanics). Dr Neil Fowler also remained on the Committee to ensure the completion of the BASES Undergraduate Endorsement Scheme (BUES). Following modifications earlier in the year, I presented the final version of BUES to the BASES Heads of Department Forum in April 2005. The scheme was well received by most delegates who recognised its importance in the initial training of sport and exercise scientists. Higher Education Institutions will be able to apply to have their sport and exercise related course(s) endorsed by BASES under the scheme from September 2005. Those that are unable to meet the criteria will hopefully see the value in working towards meeting them in the near future. Many thanks to Neil and to all of the past and present members of the Committee who have worked hard to see BUES through to its launch this year.

The other main item on the Education and Training Committee's agenda this year was the organisation of the workshop programme. Once again the section representatives coordinated a series of intermediate (core) workshops that were targeted at satisfying the requirements of members on supervised experience as well as the interests of other members. Feedback shows that the vast majority of the workshops clearly satisfied these requirements. Whilst most workshops attracted over 20 delegates, a minority failed to attract the required number to warrant running. Thus, one challenge that the committee has already begun to address is to further develop the marketing of the programme.

“The creation of a greater number of Interest Groups within Divisions should ensure that more advanced level workshops run in the future.”

A further challenge for next year will be to ensure that the intermediate workshop programme continues to meet the needs of supervisees following the revision, this summer, of supervised experience guidelines to ensure greater parity across pathways.

A limited number of advanced workshops ran this year. The creation of a greater number of Interest Groups within Divisions should ensure that more advanced level workshops run in the future. UK Sport provided an immediate catalyst for running more advanced level workshops in 2005 by providing funding to run two workshops for developing practitioners in each of the areas of Physiology, Performance Analysis, Psychology and Nutrition. These will be available to BASES members with appropriate experience later in 2005 and early in 2006.

From September 2005, under the new structure of BASES, the roles of the Education and Training Committee will fall under the remit of the new Division of Education and Professional Development. The establishment of this Division is a clear message from BASES about the importance of the professional development of its members. The new Division has the challenges of implementing BUES and ensuring that the education programme continues to meet the needs of BASES members.

Dr Adrian Burden
Chair of the Education and Training Committee

Programme of BASES Workshops for 2005

Measurement and Analysis of Force

Prof Adrian Lees, Dr Mark Lake, Mark Robinson
Liverpool John Moores University

Exploring and Developing Coaching Related Research

Dr Sophia Jowett, Prof Stuart Biddle, Julian North, Dr John Lyle, Dr David Gilbourne, Dr Chris Cushion, Dr Chris Sellars
Loughborough University

Three-Dimensional Image Analysis

Prof Fred Yeadon, Dr Michael Hiley, Dr Mark King, Dr Matthew Pain
Loughborough University

Field Testing and Physiology Assessment of Large Groups

Dr Greg Whyte, Charlie Pedlar, Dr Craig Williams, Matt Hammond
Bisham Abbey National Sports Centre

Motivational Interviewing and Brief Negotiation

Dr Lynne Johnston, Jeff Breckon
Sheffield Hallam University

Performing Under Pressure: Theory to Practice

Prof Ian Maynard, Dr Mark Bawden
Sheffield Hallam University

E-learning and Assessment in Sports Science

Dr Martin Sellens, Dr Jo Jones, Ben Steeples, Nicola Bryan, Dominic Mickelwright, Caroline Angus
University of Essex

Cardiopulmonary Exercise Testing

Dr Greg Whyte, Dr John Buckley, Dr Paul Bromley
Olympic Medical Institute, Harrow

Communicating Findings to Client Groups

Dr Carl Payton, Dr Neil Fowler
Manchester Metropolitan University, Cheshire

Maximal Exercise Testing

Prof Edward Winter
Sheffield Hallam University



COURTESY OF DR CLAIRE PALMER

The Journal of Sports Sciences

Over the past year, there have been a number of changes to the Editorial and Advisory Boards of the *Journal of Sports Sciences (JSS)*. After two years of excellent service as Section Editor of Psychology, Prof Nanette Mutrie decided to stand down from the Editorial Board. On behalf of the JSS, I would like to thank Nanette for all the hard work she carried out for the JSS, dealing with the ever increasing number of articles the JSS is both receiving and publishing. Fortunately, Prof Mark Williams agreed to take the vacant position, an appointment he has already started to perform with great enthusiasm and efficiency. With his appointment, Mark has recommended a number of new members to the Advisory board including Prof Andy Lane (University of Wolverhampton), Nicola Hodges (University of British Columbia) and Simon Bennett (Liverpool John Moores University).

As mentioned above, the JSS is becoming increasingly popular with authors throughout the world. The number of submissions reported at the last (December 2004) Editorial Board had increased by 32%. Unfortunately, with the increase in articles being submitted there comes an inevitable backlog of papers waiting to be published. At present there is a 9-10 month delay between a paper being accepted and its publication, even with the publishers, Taylor & Francis, agreeing to increase the page allocation per issue for this year. However, this delay will, to some extent, be alleviated in the next few months with the introduction of the new electronic online manuscript submission software 'Management Central'. This will increase efficiency and reduce the workload of Section Editors but more importantly provide a new improved service to authors.

One down side to the increased popularity of the JSS is the temporary effect it will have on our impact factor. Because the impact factor is

“...the JSS is becoming increasingly popular with authors throughout the world.”

calculated as the ratio of citations in the previous two years divided by the number of articles published in the last year (the latter having increased to accommodate this increased demand), it is likely that the impact factor will suffer temporarily. This would appear to be the case with the most recent impact factor for the JSS published by the ISI Web Of Knowledge being a disappointing 0.89. However, this is likely to change very rapidly with the exciting decision made by the BASES Strategic Management Team, to allow all full and student members of BASES to have electronic access to the JSS. This will automatically increase the ease of which the readership can gain access to the JSS's contents, thus providing a greater opportunity for the articles to be cited more frequently but more importantly earlier (given that only the most recent articles published in the past two years count towards the impact factor).

Finally, Taylor & Francis report a number of 'welcome' developments. The JSS online service continues to be a successful additional resource. There are currently 10 volumes (Volume 14-23) available online representing a growing archive of electronic literature. Between April 2004 and April 2005, the JSS's table of contents received 68,299 hits, 126,764 abstract were viewed and 50,169 full-text articles were downloaded from the archive. By the end of May 2005, renewals of full subscriptions were also stable at 92%. Clearly, the usage of the JSS online service and the ever-increasing number of articles being submitted indicates that the JSS is growing in popularity and influence both nationally and internationally.

Prof Alan Nevill
Editor in Chief

The Sport and Exercise Scientist

I took on the Editorship of *The Sport and Exercise Scientist* (*The SES*) in June 2004. At this time, the aims were to produce a publication more suited to the diverse CPD needs of members, to build the BASES' brand and enhance cost-effectiveness of the Association's quarterly publication. I also hoped to include more members in producing its content. To meet these aims the BASES Executive Officer, Dr Claire Palmer, and I reviewed the strengths and weaknesses of the previous BASES publication (*BASES World*). The review included consideration of the feedback received by members and the style and content of publications of similarly focused organisations. The resulting Issue 1, September 2004 of *The SES* received positive feedback from across a wide spectrum of members and subsequent member feedback suggests *The SES* has continued to develop and improve.

The content of *The SES* has evolved since its first issue, adding a new applied practitioner section, greater student involvement (e.g., in relation to the 2005 BASES Annual Student Conference) and an additional four-page 'special' in each issue. It has drawn authors from a wide range of geographical locations in the UK and varied professional positions (established Professors, professional managers, active researchers and practitioners, and student members across the sport, exercise, physical activity and health sectors of the Association and beyond). The continuation of such diverse contributions is seen as a major achievement. Thanks to the work of the BASES Executive Officer, Dr Claire Palmer, advertising has flourished, with a wide range of advertisers vying for space; this has contributed to the financial success of the publication.

Much of the success associated with this new venture is the result of the contributions of an active, enthusiastic and supportive Editorial

Board. This team, which again spans the varied membership categories of BASES, has worked together in identifying suitable content, sourcing authors, reviewing drafts and providing critical comment to the Editor. As such, I would like to extend my thanks to Board members.

Whilst *The SES* story is so far encouraging, it also throws out a continuing challenge to BASES members to continue contributing, providing critical comment (via letters and article contributions) and providing support for the work of the Editorial Board. Only if this happens will *The SES* continue to thrive. It has been a great start, with a lot of lessons learned along the way, let's hope the members will continue to support and nurture their publication.

Dr Chris Sellars
Editor of *The Sport and Exercise Scientist*
(September 2004 – June 2005)

“The continuation of such diverse contributions is seen as a major achievement.”



Supervised Experience and Accreditation

Supervised Experience

The Section Supervised Experience Review Committees reviewed a total of 46 supervised experience applications (April 2004 and October 2004). Section-specific figures are reported in Table 1 below. There are now 334 BASES individuals registered on supervised experience.

Table 1: Supervised Experience Figures for 2004-2005

Section	New Supervised Experience Applicants ^a	Total No. of Individuals Registered on Supervised Experience ^b
Biomechanics	6	34
Interdisciplinary	1	7
Physiology	14	107
Psychology	25	186
Total	46	334

Notes. ^aAcross April 2004 and October 2004. ^bAs of April 2005.

Individual Accreditation

The BASES Accreditation and Fellowship Committee met twice in the year and reviewed a total of 81 applications for scientific support and research re-/accreditation (July 2004 and January 2005). Section-specific figures are reported in Table 2 below. There are now 354 BASES accredited sport and exercise scientists.

Table 2: Accreditation and Re-accreditation Figures for 2004-05^a

Section	Scientific Support Re-/Accreditation	Research Re-/Accreditation	Scientific Support & Research Re-/Accreditation	Total Number of BASES Accredited Sport and Exercise Scientists ^b
Biomechanics	4	1	1	26
Interdisciplinary	3	1	-	26
Physiology	16	16	2	140
Psychology	27	5	5	162
Total	50	23	8	354

Notes. ^aAcross April 2004 and October 2004. ^bAs of April 2005.

Laboratory Accreditation

Two new laboratories were accredited:

- Leeds Metropolitan University
- University College Worcester.

Dr Claire Palmer

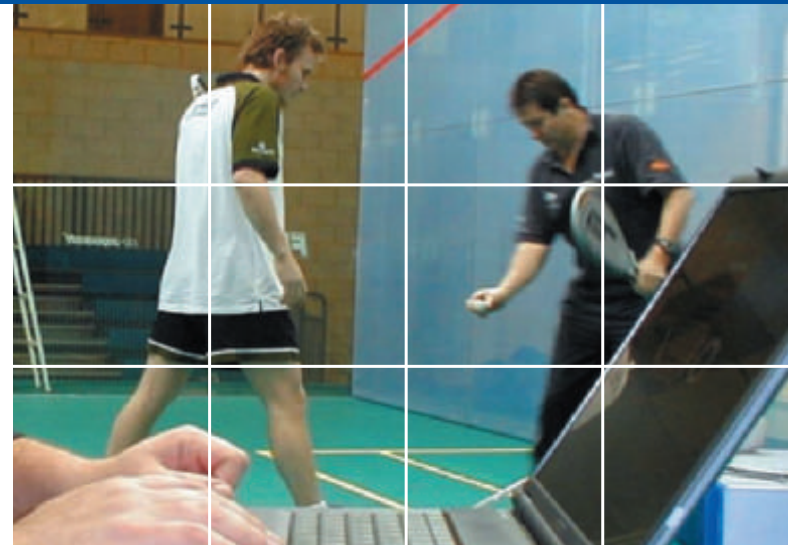
Executive Officer of BASES

Biomechanics Section

This is a very difficult annual report to write as it will be the last of its kind. At the 2004 BASES AGM we discussed the concept of the proposal to replace Sections with cross-disciplinary themed groups. The strong view of the Biomechanics Section was that as a scientific professional membership association we should be structured with the scientific disciplines as the centre and thus that the status quo should be retained. As your Section representative that is the view I returned to the Strategic Management Team and expressed publicly at the BASES EGM. However, as is the way with democracy, the majority view prevailed and at the EGM in March 2005 the membership voted to move to a new divisional structure as from September 2005.

What then for the Section and Biomechanics as a discipline area? There are many issues for the Association to work through with regards to the way it will operate its various functions in the new structure, and until such time as new mechanisms are created, the Section based representation on committees such as Education and Training and Accreditation and Fellowship will probably need to remain. As too will the procedures for supervised experience and accreditation. So in many ways it will be as you were!

As the new Divisional structure unfolds we as Biomechanists need to create a new representative framework. The obvious vehicle to do this is by the creation of a Biomechanics Interest Group (I'm sure that much can be made of the acronym – B.I.G.). Time has been set aside at the 2005 BASES Annual Conference for us to discuss this and to work through the necessary stages of formal approval.



COURTESY OF ENGLISH INSTITUTE OF SPORT

Please can as many of you as possible seek to either attend the Conference as a whole or to at least attend for the Wednesday 7 September to contribute to this discussion and attend the Biomechanics related sessions. For those not able to attend please do provide comments and suggestions to me in advance.

I would like to finish by thanking all those who have contributed to the running of the Section over the years (too many to name individually) either through holding office or by responding to various requests for input and assistance. Your efforts will be all the more important as we move into the next phase of the Association's development.

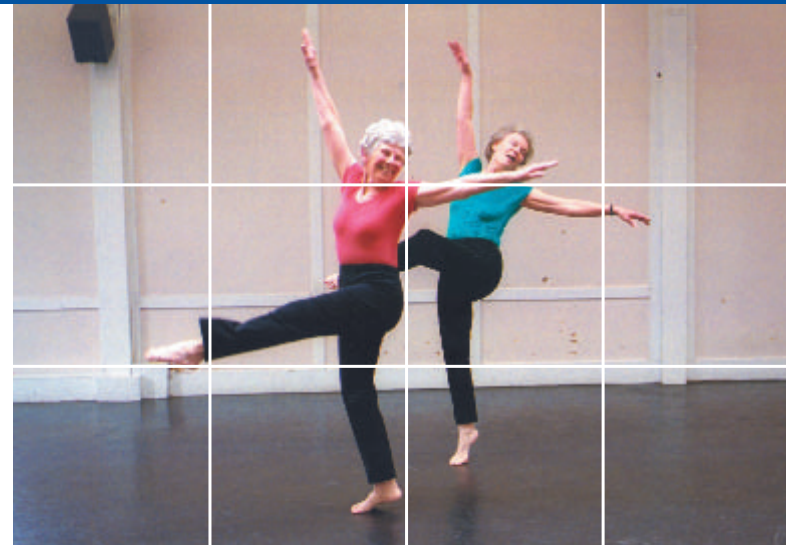
Dr Neil Fowler
Chair of the Biomechanics Section

Interdisciplinary Section

When I took over as Interdisciplinary Section Chair last year, I did so with the conviction that the Interdisciplinary Section should continue to represent the significant number of members who work in an interdisciplinary capacity, and continue to exert its influence on how we practise sport and exercise science. To achieve this required a strong team and I was delighted to be joined by Dr Steve Oliver and Damien Kingsbury, who have worked tirelessly throughout the year. I would like to extend my personal thanks for their invaluable contribution to the Section.

There was a steady increase in the number of successful accreditation and supervised experience applications this year, which was very encouraging. However, the most notable development in relation to accreditation is the development of the Exercise Science Practitioner Accreditation, which is being developed by Dr John Buckley. This is a very exciting development and will ensure that BASES remains at the forefront in terms of maintaining professional standards in the health and leisure services.

This year, however, will undoubtedly be remembered for one in which BASES made a significant leap forward in ensuring that it continues to successfully lead and represent sport and exercise sciences in the UK. The whole process of restructuring required much debate and consultation and much of the work of the Interdisciplinary Section committee has been to ensure that the interests of those members working in a interdisciplinary capacity will be well represented in the newly proposed Divisions of Sport and Performance, Physical Activity for Health, and Education and Professional Development.



COURTESY OF MEDAU SOCIETY

Additionally, members will have the opportunity to form Interest Groups, which have an interdisciplinary theme. It is also essential that Interdisciplinary accreditation and supervised experience and the new Exercise Science Practitioner accreditation programmes are firmly established within the new divisional structures. Looking back over the year it has been one of mixed emotions. Sadness at the cessation of a vibrant and visionary Section, excitement at the prospect of a more effective and representative Association, and finally pride in the fact that I represented members whose interdisciplinary expertise will undoubtedly provide the model by which other practitioners will follow. And I look forward to a very bright and healthy future for BASES.

Paul Boyle
Chair of the Interdisciplinary Section

Physiology Section

This past year has seen the introduction of far-reaching and, I believe, very positive developments for the Association. The changes, of course, include the move from a Sectional to a Divisional structure, which effectively means the end of the Physiology Section in its current form. It is, therefore, with great excitement about the future, tinged with a little sadness, that I write this report as the last ever Chair of the Physiology Section.

Section business during the 2004-2005 year has included 34 successful accreditation/re-accreditation applications. There were 14 new supervised experience applications and 2 new laboratories became accredited. During this period, three physiology related workshops were held and feedback from these was very positive.

I continue to be impressed by the hard work, diligence and professionalism of those who are either elected or who volunteer to serve you, the members, whether as a Section representative on central committees or on the Section Accreditation Committee. I would like, therefore, on behalf of all members of the Section to thank the following individuals, Dr Mike Price (Secretary), Dr Garry Palmer (Accreditation and Fellowship Committee representative), Dr Richard Godfrey (Education and Training Committee representative), Dr John Buckley, Prof Jo Doust, Dr Audrey Duncan, Prof Andy Jones, Prof Alison McConnell, Dr Mike Price, Dr Kevin Thompson and Prof Edward Winter (Section Accreditation and Supervised Experience Review Committee).

As we move towards the establishment of an increasing number of Interest Groups to reflect the interests of members and to provide the



COURTESY OF DR RICHARD GODFREY

hub of the Association's professional activity, I would urge all of you to engage with the Interest Group that best reflects your own interests and to consider establishing new Interest Groups if you think that there is a demand. The Interest Group structure has the potential to broaden our membership base, harness the expertise of members, enhance member services and significantly raise the profile of the Association. It will only be successful, however, if we all get involved and do our part to foster vibrant and active Interest Groups.

In closing I would like to extend my personal, and most sincere, thanks to all those members and officers of the Association who have supported and encouraged me during my tenure as Chair of the Physiology Section. It has been a pleasure to serve you all and I look forward to being of continued service to the Association in its new structure.

Dr Paul D. Bromley
Chair of the Physiology Section

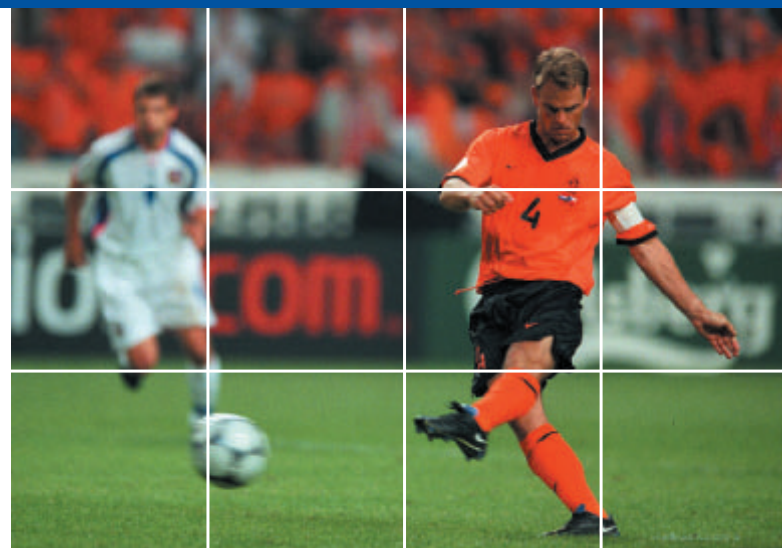
Psychology Section

As other Section Chairs have reported, this is the last Psychology Section report. This is even more awkward for me because it is my first and last report. I feel proud and privileged to have chaired the Psychology Section this year, but I am also somewhat sad to have had only one year to lead our Section. A lot has happened this year, but I would have liked to have had more years to continue what was started.

We have achieved a lot this year, including finalising the formal reciprocal credential agreement with the Association for the Advancement of Applied Sport Psychology (AAASP) and the Memorandum of Collaboration with the Division of Sport and Exercise Psychology of the British Psychological Society (BPS). BASES, AAASP, and BPS will collaborate when possible on joint continuous professional development opportunities and will develop enhanced benefits for members of the associations through economies of scale. This may include access to association insurance schemes, reduced educational workshops and annual conference rates, formal joint membership categories and funding opportunities.

We have also implemented an improved guidance system for individuals pursuing supervised experience. The new supervised experience forms and guidelines have facilitated a smoother review process and therefore help to assure the overseeing of quality.

I think the future of accreditation will be fuelled by the Interest Groups. Specifically, I think that as Interest Groups emerge, the criteria for accreditation for each specialisation will evolve to meet the needs of the Interest Groups. For example, if a Sport Psychology Interest Group develops, the existing criteria will stay as it is. However, if a Psychology of Sport Injury Interest Group were to be established, the



COURTESY OF ACTION IMAGES

criteria for accreditation may change to reflect the specific education and experience relevant for this group of individuals. The same would be true for any Interest Group that emerges. It is too early to tell if this will happen, or not. Moreover, it is too early to tell if this is desirable, or not.

We will be discussing the future of sport and exercise psychology at the 2005 BASES Annual Conference in Loughborough. This will be an excellent opportunity for you to speak your mind. This is your Association: Tell us what you want.

In conclusion, I want to thank everyone who has helped me this year, including all members of the Accreditation and Supervised Experience Review Committee. I especially want to thank Dr Chris Harwood, Prof Ian Maynard, Allison Dyer, Dr Claire Palmer and Jane Birstow for helping me through this very interesting transitional year.

Dr Dan Weigand
Chair of the Psychology Section

Acknowledgements

The Strategic Management Team would like to pay special tribute to those members who have contributed their time and energy to the Association. The results achieved would not have been possible without their unpaid commitment and efforts. We thank each person for their support and contribution.

Biomechanics

Chair | Dr Neil Fowler

Accreditation and Supervised Experience Review Committee | Dr Adrian Burden, Dr Neil Fowler and Dr Carl Payton.

Interdisciplinary

Chair | Paul Boyle

Secretary | Damian Kingsbury

Accreditation and Supervised Experience Review Committee | Prof Les Burwitz, Dr Diane Crone and Prof Andy Smith.

Physiology

Chair | Dr Paul Bromley

Secretary | Dr Mike Price

Accreditation and Supervised Experience Review Committee | Dr Paul Bromley, Dr John Buckley, Prof Jo Doust, Dr Audrey Duncan, Prof Andy Jones, Dr Alison McConnell, Dr Kevin Thompson and Prof Edward Winter.

Psychology

Chair | Dr Dan Weigand

Secretary | Dr Chris Harwood

Accreditation and Supervised Experience Review Committee | Dr Joy Bringer, Paul Dent, Dr Tara Edwards, Dr Chris Harwood, Dr David Houlston, Zoe Knowles, Prof Andy Lane, Dr Richard Thelwell and Dr Tony Westbury.

Accreditation & Fellowship Committee

Prof Craig Mahoney (Chair), Prof Roger Bartlett, Dr Stephen Olivier, Prof Ian Maynard, Prof Nanette Mutrie and Dr Garry Palmer.

Education & Training Committee

Dr Adrian Burden (Chair), Dr Richard Godfrey, Allison Dyer, Nick Ward, Dr Neil Fowler and Dr Richard Tong.

Education and Professional Development Division Working Party

Dr Rhys Thatcher (Chair), Dr Derek Peters, Mike Smith, Dr Nicky Lewis, Jocelyn Tantawy, Dr Martin Sellans and Dr Samantha Fawcner.

Physical Activity for Health Division Working Party

Dr John Buckley (Chair), Dr John Saxton, Dr Michael Ussher, Dr Dylan Thompson, Dr Siobhan Strike, David Akroyd-Jones, Dr Hilary Matheson, Andrew Power, Dr Jason Gill, David Dixon and Jeff Breckon.

Sport and Performance Division Working Party

Dr Kevin Thompson (Chair), Anita Toogood, Prof Andy Lane, Jim Lowther, Paul Dent, Andy Harrison, Matt Jevon, Andy Mouncey and Andy Kirkland.

Modernisation Working Party

Prof Craig Mahoney (Chair), Paul Dent, Dr Ron Butterly, Dr Claire Palmer and Dr Rhys Thatcher.

Abstract Review Board

Prof Alan Nevill (Chair), Dr Greg Atkinson, Prof Vasilios Baltzopoulos, Prof Roger Eston, Prof Ron Maughan, Dr Mary Nevill, Prof Nanette Mutrie, Prof Edward Winter and Dr Mark Williams.

The Sport and Exercise Scientist Editorial Board

Dr Chris Sellars (Editor), Dr Claire Palmer, Lisa Board, Tracey Devonport, Prof Andy Lane, Dr Sarah Rowell, Dr John Saxton and Dr Keith Tolfrey.



BASES would also like to extend its thanks to:

- Jane Bairstow
- Emma Stevenson, the Student Advisory Group Chair
- Dr Val Cox, the Awards Coordinator
- The 2005 BASES Annual Conference Organising Committee: Prof Clyde Williams, Prof Ron Maughan, Prof Mike Gleeson, Prof Fred Yeadon, Dr Trish Gorley, Dr David Lavallee and Andy Borrie
- The 2005 BASES Annual Student Conference Organising Committee: Dr Rhys Thatcher, Prof Jo Doust and Marilyn Doust
- The 2005 BASES Annual Student Conference Academic Programme Committee: Dr Mark Burnley, Dr Jo Thatcher and Dr Cecilie Thogersen Ntoumani
- Special Interest Group Chairs: Dr Paul Bromley, Prof Don MacLaren, Dr Chris Sellars and Dr Henning Wackerhage
- Workshop organisers and presenters
- All those BASES members who acted as judges for awards throughout the year
- Individuals who have contributed to the Association this year by responding to various requests for input and assistance
- Contributors to *The Sport and Exercise Scientist*
- Andy O'Neill, the website designer from Lazy Gecko
- Darren Brown from Mercer Print
- Gail Ledger and Clare Steele-Childe from Kirk Newsholme
- Cranlea, Human Kinetics, Sportspages, Sportesse, Taylor and Francis and BASES Honorary Fellows for their continued financial support with sponsoring awards.

BASES was supported during this period by UK Sport

